



WHY GLOW?

1. Addresses the leadership gender gap with specialized training and support for women of color
2. Cultivates a sense of belonging and community with peers
3. Improves students' self-efficacy and builds confidence through skill-building activities

“ GREAT INTERNSHIP
10/10 would recommend to anyone
seeking to grow as a leader.

- GLOW Intern Fall '20 ”



{ 100% of interns said GLOW enhanced their teamwork skills }

Weekly workshop topics include:

- | | |
|-------------------------|---------------------|
| Leadership & Identity | Project Management |
| Assertive Communication | Self-Confidence |
| Imposter Syndrome | Interview Skills |
| Gender Bias | Conflict Resolution |
| Racial Justice | Networking |



 **Women's**
Resource Center
CSU DOMINGUEZ HILLS

“ I learned to identify and apply my leadership skills and also build my confidence in myself and my future goals and aspirations.

- GLOW Intern Fall '20 ”

ACTION PROJECT

Interns practice their **leadership** and **teamwork** skills by creating a **social justice** action project.

Past projects include: an interactive wellness fair promoting body liberation; a 6-episode podcast and zine focused on sexual assault awareness; and a program series on reproductive justice, domestic violence, and mental health.



91% of interns said they **definitely strengthened** their **leadership** and **peer connections**



GLOW is a once-in-a-lifetime opportunity.

You'll learn so much from other people and even more about yourself. It's an eye-opening experience with activities that truly help build character.

– GLOW Intern Fall '21



“GLOW is an excellent opportunity for those who want to advance their leadership skills while also assisting others to do the same. GLOW provides tools to help you grow, step outside of your comfort zone, and own yourself”



– GLOW Intern Spring '22