

**HELP & EMERGENCY SERVICES**  
 Los Angeles County Info-Referral 2-1-1  
 Life Threatening Emergencies 9-1-1  
 Child Abuse Hotline 800-540-4000  
 Domestic Violence Helplines:  
*Rainbow Services* 310-547-9343  
*1736 Family Crisis Center* 310-370-5902  
*Asian/Pacific Islander* 800-339-3940  
*Los Angeles County* 800-978-3600  
 Legal Aid Foundation 800-399-4529  
 Long Beach Office 562-435-3501  
 Rape & Sexual Assault Hotline:  
*Asian/Pacific Islander* 800-339-3940  
*YWCA* 877-943-5778  
*Treatment Center UCLA* 310-319-4000  
*Area Services* 800-656-4673  
 Suicide Hotline-LA 24 hrs. 877-727-4747

**MEDICAL INFO**

Eligibility Status for Health Care Options 800-430-4263  
 Denti-Cal Provider Search 800-322-6384

**PUBLIC AGENCIES**

*Department of Children & Family Services*  
 2325 Crenshaw Blvd, Torrance 310-972-3111

*Social Security*  
 230 E. Spruce, Inglewood 800-772-1213

*Dept of Public Social Services - Families*  
 8300 S. Vermont, Los Angeles 310-258-7400

*Dept of Public Social Services - Individuals*  
 1819 W. 120th St, Los Angeles 310-258-7400

*Department of Mental Health San Pedro*  
 150 W. 7th St, San Pedro 310-519-6218

**MENTAL HEALTH & COUNSELING SERVICES**

*National Alliance on Mental Health (NAMI)*  
*South Bay Office* 310-533-0705  
*LA County Mental Health 24/7 Access Line*  
 800-854-7771  
*Airport Marina Counseling Services*  
 789 La Tijera Blvd, Los Angeles 310-670-1410  
*Didi Hirsch*  
 323 N. Prairie Ave, Inglewood 310-677-7808  
*St. Margaret's Center*  
 10217 Inglewood Ave, Lennox 310-672-2208  
*San Martin De Porres Counseling Center*  
 15342 Hawthorne Blvd, Lawndale 310-644-3300  
*Richstone Family Center*  
 13634 Cordary Ave, Hawthorne 310-970-1921  
*South Bay Counseling Center*  
 540 N. Marine Ave, Wilmington 310-414-2090

**HEALTH CARE**

*Harbor-UCLA-Medical Center*  
 1000 W. Carson St, Torrance 310-222-2345

*T.H.E. Clinic*  
 10223 Firmona Ave, Lennox 310-695-4017

*South Bay Family Healthcare*  
 1091 S. La Brea, Inglewood 310-802-6170

*Vasak Polak*  
 742 W. Gardena Blvd, Gardena 310-802-6170

*13355 Hawthorne Blvd, Hawthorne*  
 310-355-0100

*Mission City Community Network*  
 501 E. Hardy St #110, Inglewood 310-672-2085

*Curtis R. Tucker Health Center*  
 123 W. Manchester Blvd, Inglewood 310-419-5325

**LEGAL AID**

*Bet Tzedek Legal Services*  
 3250 Wilshire Blvd, 13th floor, LA 323-939-0506

*Legal Aid Foundation LA*, 1550 W. 8th St, Los Angeles 213-487-3320 (Spanish)

*Levit & Quinn Family Law*  
 1557 Beverly Blvd, Los Angeles 213-482-1800

*Harriet Bahai Center for Family Law*  
 3250 Wilshire #710, Los Angeles 213-388-7515

**TEENS & YOUTH SERVICES**

*Youth Development Centre*, ages 14-21,  
 10217 S. Inglewood Ave, Lennox 310-672-2208

*Emergency Shelter for Youth* ages 10-17,  
 1736 Family Crisis Ctr (24 hr) drop in center

1736 Monterey Blvd, Hermosa 310-379-3620

*Dept Children & Family Services for*  
*Transitional Housing for Former Foster*  
 Youth, ages 18-21  
 213-351-0190

*SSG/Occupational Therapy Training*  
 Program, 19410 S Vermont Ave Ste. L102,  
 Torrance 310-323-6887

*TEEN LINE*, 7 days 6:00 pm to 10:00 pm PST  
 toll-free from anywhere in California  
 310-855-HOPE(4673)

Text us by texting "TEEN" to 839863  
 800-843-5200  
*California Youth Crisis Line*  
 (live chat 24 hr)



**North/LAX  
 South Bay  
 Homeless  
 Resource Guide**  
 (May 2015)

**Covering Inglewood, Lennox, Hawthorne,  
 Lawndale, Del Aire, Westmont, Gardena,  
 El Segundo**

*Our Mission: To transform and end homelessness  
 in the South Bay of Los Angeles through  
 education, advocacy and coordination.*

670 W. 9th Street, San Pedro, CA 90731  
 www.sbceh.org ContactSBCEH@gmail.com

## HOUSING

**Homeless Individuals - Coordinated Entry System (CES):** 310-672-2208

**Homeless Family Solution System (HFSS):**  
310-831-0589

**First 5 LA** (Families w/children under 5):  
562-594-9492

**Housing Rights Center** 800-477-5977

**Harbor Interfaith Services** (Families)  
670 W. 9th St, San Pedro 310-831-0603

**Beacon Light Mission**, 7 night emergency shelter for homeless men, 4 pm check in  
525 Broad Ave, Wilmington 310-830-7063  
*Showers* MON & THURS: 8am

**Doors of Hope Women's Shelter**, 7 night emergency shelter for homeless women,  
Check In 9a-12p, Closed Sunday  
525 Broad Avenue, Wilmington 310-518-3667  
*Showers* MON & THURS: 8:30-9:15am

**Community's Child** (Single women w/infants)  
25520 Woodward Ave, Lomita 310-534-4040

**Winter Shelter Hotline** 800-548-6047

## ALCOHOL & DRUG RECOVERY

**Alcoholics Anonymous** (LA) 800-923-8722

**Behavioral Health Services**,  
15519 Crenshaw Blvd, Gardena 310-973-2272

**Behavioral Health Services**  
2501 W. El Segundo Blvd, Hawthorne  
323-754-2816

**Victory Outreach Ministries** (Christian residential program for men),  
820 S. Flower Inglewood 310-677-7327

## MEALS

**Calvary Hawthorne Presby**, 13560 Hawthorne Blvd,  
Hawthorne, 310-676-1144 MON-FRI: 10am-12pm

**Salvation Army**, 324 E. Queen St, Inglewood,  
310-677-3375 MON-FRI: 11am

**St. Margaret's Center**, 10217 Inglewood Ave, Lennox,  
310-672-2208  
MON, WED, FRI 8:30am-12pm, 1-5pm

**St. John Lutheran**, 14517 Crenshaw Blvd, Gardena,  
310-676-8804 2nd SAT: 4 pm, SUN: 12pm

**St. Lawrence Family Food Pantry**, 10122 Compton  
Ave, LA, 323-567-1439 TUES, WED, THURS, 11am

**Community of Hope**, 3115 Marine Ave, Gardena,  
310-676-0223 THURS: 6:45-8pm

## FREE GROCERIES

**City of Gardena**, 1651 W. 162nd St, Gardena,  
310-217-9574 (serves Gardena residents only)  
MON, WED, THURS: 10am-3pm

**Food Pantry LAX**, 355 E. Beach St, Inglewood,  
310-677-5597 (serves Lawndale, Lennox, Inglewood,  
Westchester, El Segundo) TUES, FRI: 10am-12pm

**Salvation Army**, 324 E. Queen St, Inglewood,  
310-677-3375; *Call for appt* MON-THUR, 1-3pm

**Bible Enrichment Fellowship**, 400 E. Kelso St,  
Inglewood, 310-412-2541 1st & 2nd FRI: 4-6 pm

**First Lutheran Church**, 600 W. Queen St, Inglewood,  
310-674-5103 2nd & 4th THURS: 10-11am

**St. Margaret's Center**, 10217 Inglewood Ave, Lennox,  
310-672-2208 (serves Lawndale, Lennox, Inglewood,  
Westchester, EL Segundo, Hawthorne, Gardena,  
Manhattan Bch); *Call for Appointment*

MON, WED, FRI 9am-12pm, 1-4pm

**Calvary Hawthorne Presby**, 13560 Hawthorne Blvd,  
Hawthorne, 310-676-1144 Last Fri: 9am-1pm

**Hope Chapel**, 13560 Hawthorne Blvd, Hawthorne,  
310-970-9023 3rd Sat: 12-12:30pm

**Oceangate Baptist**, 13443 Oceangate Ave, Hawthorne,  
310-973-7031 Call office

**House of Yahweh**, 4046 Marine Ave, Lawndale,  
310-675-1384 Call for emergency food

## BUS INFO - METRO LINE

**LA Metro** 323-466-3876

**Torrance Transit** 310-618-6266

**Beach Cities Transit** 310-937-6660  
Serving Redondo Beach, Hermosa Beach,  
Manhattan Beach, El Segundo

**Carson Transit** 310-225-2545

**Gardena Transit** 310-965-8888

**Lennox Link** 626-458-5914

## U.S. VETERAN SERVICES

**US Vets Initiative** 310-348-7600

**Los Angeles Vets Center**, Counseling Center  
1045 W Redondo Bch Blvd, #150, Gardena  
310-767-1221

**1736 Crisis Center - Veterans' Outreach**  
Referral Line 866-249-2557

## SENIORS

**Older Adult/Senior Abuse LA** -In-Home  
877-477-3646 Care Facility 800-231-4024

**Adult Protective Service** 213-351-5401

**Older Adult Case Mgmt**  
SCAN Independence at Home 562-637-7116

**Inglewood Senior Center**, 330 Centinela Ave,  
Inglewood 310-412-5338

**Hawthorne Senior Center**, 390 El Segundo  
Blvd, Hawthorne 310-970-7254

**We do our best to keep this guide up to date.  
Please check with the agency before making a visit.  
St. Margaret's Center & SBCEH**