



CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS

OCCUPATIONAL THERAPY PROGRAM

VOLUME 1, ISSUE 1

OT NEWSLETTER SPRING 2013

- *Welcome Cohort 9!*
- *Research Day 2013*
- *Pi Theta Epsilon hosts Dr. Frank Stein*
- *ACOTE Accreditation On-Site Visit*
- *93rd Annual AOTA Conference, San Diego*
- *Cohort 7 Graduation Banquet*
- *Career Fair*
- *Commencement*
- *SOTA News*



Welcome Cohort 9!

On January 10, during its Orientation Day, the CSUDH OT Department officially admitted the 9th Cohort of students of the MSOT Program.

To all students of Cohort 9, congratulations on your decision to invest in your future in becoming part of the dynamic profession of occupational therapy. The department faculty and staff are quite enthusiastic and are highly motivated to assist you toward this journey. Welcome to the Dominguez Hills OT Family!



Dr. Frank Stein

Pi Theta Epsilon Spring Event

Pi Theta Epsilon hosted well known- OT scholar, Dr. Frank Stein, for an on-campus presentation about the importance of Evidence-Based practice at Loker Student Union on February 20, 2013. The presentation was followed by an open discussion with Lunch at Welch Hall conference room.

ACOTE Accreditation Site Visit: February 11-13, 2013

During the last day of the On-Site Visit, the ACOTE team presented the Report of On-Site Evaluation (ROSE). Although, it is not the final result of the accreditation review process, it went extremely well. There were multiple commendations to the administration, program chair, faculty, fieldwork coordinator, fieldwork educators, and students.

Congratulations to us all and Thank You! Each one's effort is definitely instrumental for the positive reviews!

Anyone who wants to see a copy of the report could simply drop by the department.

Region 2 OTAC Education Symposium

On February 15, the CSUDH OT Department hosted the Region 2 Educational Symposium at Loker Student Union. The morning presentation entitled "Clinical Reasoning Beyond the Classroom" was facilitated by Katie Gundersen, MS, OTR/L and Deborah Pitts, PhD OTR/L while the afternoon presentation entitled "Motor Control Assessment and Intervention Strategies" was facilitated by our very own Dominguez Hills faculty: Mary Groves, OTD, M.Sc., OTR/L; Lauren Francis, OTD, OTR/L ; Paul L Penoliar, OTR/L,C/NDT; and Jackie Devries, MS, OTR/L



Congratulations Research Day Winners!

- Mony Hean, Edward Kim and Peggy Lee - The Experience of Minority Parents Raising a Child with Autism: A Phenomenological Study
- Hee Do Jang and Micaela King - The Effects of Spinal Cord Injury on Motherhood
- Kiara John-Charles and Danielle Luther - Foster Youth Transition into Independent Living: A Narrative Study
- Katrin Saputra, Samuel Stout and Karen Sweitzer - Antecedents to Seeking Vision Services for Older Adults
- Heather Sulfaro, Gaelle Simmonds and Lindsay Schmidt - The Experience of Combat Veterans Transitioning from Operations Iraqi Freedom and Enduring Freedom: A Phenomenological Study
- Megan Arquette, Mikayla Avrea, Jennifer Brueckner and Orland Garcia - Hippotherapy: A Storied Perspective From Caregivers and Therapists
- Amy Bisogni, Ashley Bossier, Debbie Edwards and Melanie Hamel - Relationships Between Humans and their Companion Animals: A Qualitative Study

Special Congratulations to Dr. Peyton, Mony Hean, Edward Kim and Peggy Lee who represented us at the CSU sytem-wide Annual Student Research Competition. We are so proud of you!

AOTA Conference, San Diego CA

From April 25-28th, San Diego was filled with numerous OT's and OT students from around the nation. CSUDH is proud to have had so many faculty and students participate and present at this annual event. Dr. Diane Mayfield, EdD, OTR/L, co-presented with Judith Palladino from LLU on the Success of the CAOTFW Council. Kathleen Shanfield, (Application of Adaptive and Assistive Technology) presented Saturday for Tech Day, which drew quite a crowd. Dr. Eric Hwang presented on the "Development of the 15-Item Health Enhancement Lifestyle Profile Screener (HELP-Screener) for Community-Dwelling Older Adults." Poster presentations from CSUDH included:

Huang, Y.-H., Peyton C., Hansen-Dynice, E., Hinman, M., and Kielty, A. (2013, April) Burden and Stress of Caregiving for an Elderly Family Member who has Fallen.

Peyton C., Huang, Y.-H., Kin, A., Han, A., and Joyce, S. (2013, April) ASD, Quality of Life and Social Relationship: An Exploratory Sequential Mixed Method.

Huang, Y.-H., Peyton C., Lacoste, M., Nguyen, P., and Ongchangco, L. (2013, April) Self Efficacy and Quality of Life Among Adults with Autism Spectrum Disorders.

Hwang E. J., Cvitanovich, D., Doroski, E., and Vajarakitpongse, J., MS, (2013, April) Correlations Between Adaptation Factors and Quality of Life Among Individuals with Multiple Sclerosis.





Cohort 7 members



Cohort 9 having fun

7th Annual Career Fair

May 10th, Loker Student Union, a number of almost graduates and current students congregated to meet with perspective employers and fieldwork sites. More than 20 companies came to the event, filling the Loker Student Ballroom. Companies such as Casa Colina, City of Hope, Kaiser Permanente, and Interface Rehab were present to recruit. Many students came prepared with questions and resumes and were excited about the many job opportunities present. Jennifer Abdine (Cohort 3) was present from LAUSD to answer questions students had about working at a school-based site. There are pamphlets available at the OT office if anyone wanted contact information for certain sites. Spe-

Alumni Reception

April 27th, San Diego, following AOTA Conference on Saturday, many CSUDH alumni and current MSOT students gathered at the Hilton Bayfront to catch-up and reminisce. Lanzio Arnau (Cohort 3), supplied the music, while guests sipped cocktails and snacked on hors d'oeuvres. Current and former faculty gathered to meet with students and alumni. Everyone who attended received a special CSUDH OT mug or Tshirt. Special Thanks to Paul Penoliar and students who had helped make the event such a success.



Cohort 7 Graduation Banquet

May 10th, Loker Student Union, Cohort 7 gathered to celebrate their milestone in completing the 2.5 year coursework. After 2 rotations of Fieldwork II, the cohort met again. The students celebrated their accomplishments and shared with each other, their successes and struggles over the past 6 months. The event included a photo montage showing their past experience in the MSOT course, bringing back memories of not-so-long-ago. The students also presented gifts to the faculty as a sign of their appreciation and gratitude. While everyone dined and reminisced, a photo booth was in place and ready to capture even more memories.

May 17th, Home Depot Center Tennis Stadium, Cohort 7 lined up to participate in Commencement Exercises. The graduates marched into the stadium carrying their Master Hood as *Pomp and Circumstance* played overhead. The guest speaker for the event was Nancy Carlson, ('94, B.S. Nursing; '96 MPA) the CEO of Providence Little Company of Mary, San Pedro. As the graduates listened intently to the speakers message, they eagerly awaited for their turn to walk onto the stage. The event was exciting and triumphant. Following the conclusion of the Commencement, graduates returned back to their family and friends for pictures, hugs, and flowers.

Congratulations Class of 2013. Good Luck with Boards!

SOTA News

T-shirts are now available for sale to support SOTA and to show your pride for the MSOT program! Last year's design, as well as two new designs are available. The shirts are available in men's and women's sizes and will be American Apparel and Next Level brand shirts. The cost is \$20-\$25 depending on the size of the order we get. The larger the order, the lower the cost will be. Images of the t-shirt design options:



It is time for SOTA Executive Board Elections for C9! If you are a SOTA member and are interested in an executive board position, please email sotacsudh@gmail.com. If there is more than one person interested in each position, we will have a vote during one of your classes where all of C9 is present. The positions are:

- *President
- *Vice President (or 2 Co-presidents)
- *Secretary
- *Treasurer

OT NEWSLETTER

Terry Peralta; Melissa Jazmines-Broersma, *Editors*
 Melissa Jazmines-Broersma, *Production Design*
 Patricia Suarez, *Circulation and Communication*

SOTA

Fundraising Activities

SOTA held fundraisers in the last few months including two food trucks that came to CSUDH for the OTAC Regional Symposium in February. Flippin' Yolk served Filipino cuisine and the Grilled Cheese Truck sold gourmet and unique cheese sandwiches. Both trucks donated a portion of their proceeds to SOTA. These funds allowed the students of CSUDH to organize a luncheon/mixer with the students from USC and offer the attendees more options for lunch!

SOTA members were also able to be part of the guest audience at both Happily Divorced and the Chelsea Handler show in Los Angeles. From both tapings combined, SOTA was able to raise over \$480 and enjoy some FREE entertainment!

Stay tuned for upcoming fundraisers this summer. Ideas are welcome!



Enjoying Lunch break together

Volunteer Announcements

Last Christmas, SOTA volunteered at Masada Homes for a Holiday Obstacle Course. The staff at Masada couldn't believe their eyes when the SOTA members got the boys to coach each other in blind basketball and a team building activity called "Snow Storm" where they had to huddle together with at least one foot on a 12" by 16" welcome mat to seek shelter from the "storm!" The residents really blew everyone away when they collaborated together on designing fashionable Holiday T-shirts for the staff to wear at the Christmas Party! SOTA members were also able to attend that Christmas Party, helping with arts and crafts including picture frames, ornaments, and hats. It was a special event that was very rewarding to all who volunteered. Thank you Marilyn!



SOTA members volunteered at Heritage Rehabilitation Center making poinsettia door hangers with the elderly residents for the holidays. SOTA members loved talking and crafting with them as they shared old holiday memories.



A great turn out for SOTA's

In March, Cohort 8 SOTA members put all of their Pediatric Skills to use, volunteering at the Blind Children's Learning Center in Santa Ana. The students were able to tour the whole school, including the OT department. The students then broke into groups for the toddlers and the preschoolers to lead gross motor, fine motor, and sensory groups. All the kids had a great time playing and exploring with the students!

This April SOTA members walked in the annual 5K Walk for Multiple Sclerosis at the Pasadena Rose Bowl. For the first time, C8, C9, and even a professor were in attendance. Special thanks to Professor Penoliar for all his support! Seeing all of the supportive families and individuals with MS was inspirational to those in attendance.

Most recently, SOTA volunteered at the Life Rolls On event in Zuma Beach. Life Rolls On is an organization dedicated to helping individuals with spinal cord injuries and other musculoskeletal conditions get on that surfboard and catch a wave. SOTA members noted that watching the participants smile and hearing families and friends cheer the participants on reminded everyone why we do what we do. SOTA is planning on attending another Life Rolls On Surf Event in La Jolla on September 7th, stay tuned for more details!

Farmer's Market with a Cause

Cohort 8 Fieldwork Students from Cabrillo transitional housing community will be hosting a Farmer's Market on June 24th from 10:30a-12:30p outside SCC 700. Proceeds from this event send Tony, a veteran, to the OTAC conference in Sacramento. Tony will share his experience of client-centered community gardening at the conference. Tony has assisted CSUDH OT FW students in their research. He is also a recipient of a Home Depot Impact Grant, helping other veterans grow food and recover from homelessness. All produce is California Certified Organic Donated from the Mokichi Okada Association.

Upcoming Events:

Farmer's Market with a Cause— June 24th 10:30a-12:30p SCC 700

Phi Theta Epsilon Induction Ceremony— TBD

Hand Therapy Society Scholarship— due August 15

LAUSD Scholarship— TBA

Summer Classes End August 16

Fall Semester Begins August 24
