

A Year in Review

From the Editor's Desk :

As we embark on the year after our profession's centennial, let's take a look back at 2017. The profession of occupational therapy, the American Occupational Therapy Association, and the Occupational Therapy Association of California celebrated the founding of the National Society for the Promotion of Occupational Therapy on March 17, 1917 (renamed to AOTA in 1921), in a grand manner with a beautiful floral float in the 2018 Rose Parade here in Pasadena. Depicting Hull House, one of the first social settlements in the US, and individuals engaging in occupations, the float also featured women and men who have received occupational therapy services and occupational therapy practitioners and educators, including faculty member, Dr. Heather Kitching, OTAC President.

In this issue, we celebrate:

- The incoming cohort of 2017
- The venerated Red Shirt ceremony
- Academic excellence with Research Day
- Our new fieldwork team
- The highly anticipated Career Fair
- The inaugural group of exchange students from Taiwan
- Students visiting from Japan
- Fieldwork experience in Mazatlán, Sinaloa, Mexico
- Occupational Therapy Association of California Annual Conference
- Visit from international guest lecturer, activist, and occupational therapist, Frank Kronenberg
- Integrating Cultures through Occupational Therapy (ICOT)
- The exhilarating Graduation banquet
- Retrospective of the academic classes

Sit back, relax, enjoy this issue of our new, updated *News & Events* newsletter.



Lora Woo, OTD, OTR/L
Editor-in-Chief



Photo: Occupational Therapy Association of California



The Newsletter is Back!

Back from a 2 year hiatus, the CSUDH OT “News and Events” newsletter is has returned, starting with this centennial edition of the year 2017 in review. This also celebrates the profession’s 100th year, the birth of the American Occupational Therapy Association (formerly, the National Society for the Promotion of Occupational Therapy).

In each edition, this newsletter will highlight the events in the Department of Occupational Therapy here at California State University Dominguez Hills, such as:

- Welcome to the new cohort
- Career fair
- Red Shirt ceremony
- Research Day
- Graduation banquet and commencement

along with the latest from:

- Student Occupational Therapy Association (SOTA)
- Pi Theta Epsilon (PTE)
- ICOT (Integrating Cultures through Occupational Therapy).

Additionally, exciting happenings in our profession from the:

- Occupational Therapy Association of California (OTAC)
- American Occupational Therapy Association (AOTA)
- World Federation of Occupational Therapy (WFOT)
- California Board of Occupational Therapy (CBOT)
- National Board for Certification of Occupational Therapy (NBCOT).

If you have a story to share or alumnae news, send your submission to otprogram@csudh.edu

Note: Submission are subject to editorial discretion.



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The Profession Turns 100!

On March 15, 1917, at Consolation House in Clifton Springs, New York, a meeting for the National Society for the Promotion of Occupational Therapy (NSPOT) was held with George Edward Barton, (architect), Dr. William Rush Dunton (psychiatrist), Susan Cox Johnson (teacher), Thomas Bessell Kidner (architect), Isabel G. Newton (secretary), and Eleanor Clark Slagle (social worker). In 1921, NSPOT changed to the American Occupational Therapy Association (AOTA).

In 2017, AOTA celebrated 100 years of occupational therapy. The new year of 2017 started with the magnificent Rose Parade and the Occupational Therapy Association of California (OTAC) sponsored the float, *Celebrating a Century of Occupational Therapy*, to commemorate the profession's centennial. Among the 12 float riders who represented individuals who received occupational therapy services to occupational therapy practitioners, students, and academics, was CSUDH's own Dr. Heather Kitching, Academic Fieldwork Coordinator and president of OTAC.

AOTA celebrated the Centennial at the annual conference held in Philadelphia, PA, March 30-April 2, 2017. What grand festivities as 14,000 attendees joined in the jubilation of what our founders had created, an association "to study and advance curative occupations for invalids and convalescents; to gather news of progress in occupational therapy and to use such knowledge to the common good..."



Cohort 13 Arrives!



On Friday, January 13th, the CSUDH MSOT Program welcomed Cohort 13. The students engaged in several ice-breakers provided by Cohort 12 and watched a very entertaining welcome video created by C12. The video can be watched here: https://www.youtube.com/watch?v=_O0s7qQr2Kk. The students then met the OT faculty and their advisors. Following presentations from Dr. Terry Peralta-Catipon, Program Chair, as well as other campus representatives, Cohort 12 students led campus tours and gave pointers on succeeding in the program. Welcome Cohort 13!



Orientation of C13



Welcome Caitlin Allen, Tiffany Ancheta, Pearl Aquino, Einette Arevalo, Jonathan Beran, Sophie Blechman, Jamie Bodie, Justine Budke, Rosalie Celestial, Freda Chamberlain, Marisa Cowan, Colleen Curry, Tanya Dimas-Guillen, Daniel Endow, Erin Farber, Danica Fernandez, Rachel Ferre, Ryan Fukuji, Winnie Huang, Jonathan Isco, Kelly Johnson, Olivia Kardos, Lauren Kawano, Hans Kim, Vivian Kim, Yuna Kim, Chrystal King, Kathrin Klenshteyn, Ryan Kohl, Morgan Kollenda, Joanne Kwak, Lauren Labac, Sheri Lam, Monique Le, Kristen Lee, William Leisek, Halle Lorkis, Melissa Lowndes, Elmira Maghen, Jordan Martin, Jessica Martinez, Cammie Mayfield, Amy McAndrews, Jennifer McCann, Josie Mickelsen, Rebecca Moss, Nicole Mosser, Meenely Nazarian, Christina Nguyen, Sara Paik, Sara Pham, Christine Quach, Brittany Eaton, Valerie Rincon, Adee Rozov, Ric Salazar, Brittany Schornstein, Katherine Simon, Justin Stehr, Lindsey Taylor, Thao Thai, Jimmy Tran, Callie Woods, Kevin Yang, and Parker Zak.



Red Shirt Ceremony

The Department has prepared the OT students to embark on their clinical rotations, known as “fieldwork”, with a unique celebration, the Red Shirt Ceremony. Fieldwork is an opportunity for students to integrate theory and knowledge from academic course work into clinical practice. The faculty and staff of the Department commemorates and celebrates this special moment in anticipation of fieldwork.

At the Red Shirt Ceremony, students:

- Receive a red CSUDH Occupational Therapy official polo shirt and their name badge
- Select a cohort song
- Receive further information on succeeding in fieldwork
- Hear a wonderful presentation from a representative of the previous cohort



Preparations for Fieldwork



C13: Red Shirt Ceremony

COHORT SONG:
WALKING ON A DREAM

California State University, Dominguez Hills
Olivia Kardos, OTS





Research Day



The Student Research Day is an annual event highlighting undergraduate and graduate student research, scholarship, and creative activity. Students are mentored by their faculty mentors and faculty members; Dr. Claudia Peyton and Dr. Julie Werner have participated in occupational therapy and orthotics & prosthetics, respectively. Winners in Health, Nutrition, and Clinical Science category include:

- Kevin Sun, Lauren Santiago, & Daniella Tarankow, *Living with Crohn's Disease: A Phenomenology*
- Serli Nazarian, Carey Maust, & Elaine Medina: *My Dog Saved My Life: Dog-Veteran Companionship*
- Samantha Chow, Ashely Carey, Aileen Chau & Sherilyn Chau: *Occupational Changes After Death of a Long-Term Spouse: The Widow's Experience*
- Erin Besinque, Samantha Gruen, Robyn Cho, & Elisa Becker: *Gynecological Health and Spinal Cord Injury*
- Yea Ji Lee & Jessica Lontayo: *Musical Interventions for Children with Autism: Parents' Perspectives*
- Betsy Cunningham, Lee Hasson, & Briana Gonzalez: *Caring Touch: An Occupational Therapist's Perspective*
- Claire Morgan, Kailey Makuta, & James Kim: *Perceived Effects of Ocean Therapy: A Break from Suffering*

Kevin Sun, Lauren Santiago and Daniella Tarankow went onto the Annual CSU Research Competition and won second prize in the Health, Nutrition, and Clinical Sciences, Graduate Level session; congratulations!



The New Fieldwork Team



Meet the new fieldwork team ... With the retirement of Dr. Diane Mayfield, Dr. Heather Kitching assumes the role of Academic Fieldwork Coordinator. Along with Razia Arellano, Faith Moy Kaneshiro, Dr. Gina Phelps, and Dr. Elaine Chiu, this dynamic team will oversee all the Level I and II fieldwork placements. This includes contract management with existing clinical sites, exploring new opportunities for additional fieldwork locations, and keeping abreast of changes in the educational preparation of occupational therapists.

Career Fair 2017



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Career Fair 2017



The annual Career Fair brings together occupational therapy facilities, agencies, and organizations with the occupational therapy students ready to embark on their career in the field. The previous year's cohort of students return to campus after completion of their fieldwork to participate in a focus group on their experience in the program. The current cohort are also invited to attend the Career Fair to see the future that awaits them.

Much appreciation is extended to Patricia Suarez and Chandia Ojeda-Luque, Administrative Support Assistants, for coordinating and executing the successful Career Fair. Thank you to the following participants:

- California Children's Services, Los Angeles County
- California Children's Services, San Bernardino County
- Child Development Institute
- CurtisCARE Child Development Institute
- Direct Educational Services
- Easter Seals Southern California
- Ensign Services
- Every Child Achieves
- FeldCare Connects
- HM Systems, Inc.
- Intergro Rehab Services
- Invo HealthCare—Progressus Therapy
- Kaiser Permanente
- Kindred Rehabilitation Services & RehabCare
- Los Angeles Unified School District
- Mariner Healthcare—BIO—Pacific
- MyTherapyCompany
- Pediatric Therapy Network
- Pioneer Healthcare Service LLC
- Preferred Healthcare Staffing
- Providence Speech and Hearing Center
- Sea Change Staffing
- Speech, Language and Educational Associates
- St. Joseph Hospital
- Therapists Unlimited
- Total Education Solutions
- US Army Medical Department
- CSUDH Career Center
- California Board of Occupational Therapy
- Occupational Therapy Association of California



OT Exchange from Taiwan

The Occupational Therapy exchange program with Chang Gung University's Department of Occupational Therapy in Taoyuan City, Taiwan, commenced this year. Under the leadership of faculty member, Dr. Yan-hua Huang and Chang Gung University's Dr. Ching-yi Wu, Department Chair, four OT students travelled from Taiwan to southern California and the CSUDH campus for 2 weeks in August. With the guidance of the CSUDH faculty, staff, and students, in particular Patricia Suarez, Chandia Ojedaluque, Maya Lazar, Rachel Miles, Heather Kitching, Faith Kaneshiro Moy, and Lora Woo, the students embarked on an adventure of graduate learning, professional activity engagement, clinical site visits, and fun cultural activities.

The exchange students attended classes with the CSUDH OT students, went to OTAC's and Cedars Sinai's OT Practice Issues Forum; visited California Children's Services' Mid-Cities Medical Therapy Unit, Children's Hospital Los Angeles, Rancho Los Amigos' Center for Applied Rehabilitation Technology, and Pediatric Therapy Net-work; took Dr. Paul Penoliar's kinesiotaping seminar; shopped at 99 Ranch Market & Trader Joe's; watched a LA Dodger's baseball game; went to the LA County Museum of Art, Universal Studios, Body Worlds exhibit and the Space Shuttle Endeavor at the California Science Center, Hollywood Boulevard; dined at Lawry's, In-n-Out burger, tacos at Guisado's, and Yamashiro's; and played mah jong with a fried chicken taste-off! (Roscoe's chicken & waffles vs Tokyo fried chicken). Thanks to Parker Zak and Kevin Yang for coming out to play volleyball with Professors Kitching and Chiu and the exchange students.

This year (2018) we are looking forward to welcoming more students from Chang Gung University and sending our CSUDH OT students to Taiwan in early 2019!



(from left) Ting-Yu Chien, Fu-Lin Hsu, Pei-Hsuan Kao, and Yi-Syuan Wu

Fun in Southern California



Volleyball fun with CSUDH OT students and faculty



Exhibit at the California Science Center; and the Space Shuttle Endeavor



Prime rib dinner at Lawry's in Beverly Hills



Of course, a stop at Trader Joe's for munchies



Just a Bit More Fun ...

A wonderful evening hosted by faculty member, Faith Kaneshiro Moy and her family ... playing mah jong (a Chinese “card” game) and a fried chicken taste-off with Tokyo Fried Chicken vs Roscoe’s Chicken & Waffles (both were delicious)!



Students from Japan

In the Fall semester, a group of occupational therapy students from an IKEN (health sciences) college system, which includes Kyoto College, Nagoya College and Fukuoka College in Japan, visited the CSUDH campus. Our occupational therapy students provided a warm welcome with dinner and an introduction to occupational therapy in the United States. Dr. Eric Hwang enlightened the students with a presentation and discussion on occupational therapy in adult rehabilitation. We look forward to next Fall for another group of students from the IKEN.



International Level I Fieldwork

Partnering with Push International, a group of C13 students completed a Level I fieldwork under the supervision of faculty members, Paul Penoliar and Elaine Kojima Chiu. Push International is a “ non-profit humanitarian organization whose mission is to provide mobility and facilitate sustainable development in the disabled community”. (www.pushinternational.org).

From August 19-27, 2017, the group traveled to Mazatlán, Sinaloa in Mexico and comprised Team 41: Sophie Bleckman, Morgan Kollenda, Kristen Lee, Elmira Maghen, Sara Paik, Christine Quach, and Ric Salazar. The team, known as #mazfun41, learned about and practiced :

- neurodevelopmental treatment and sensory integrative techniques
- strengthening activities to improve sitting balance and upper extremity use for wheelchair propulsion
- wheelchair and walker parts and assembly as well as fit and use

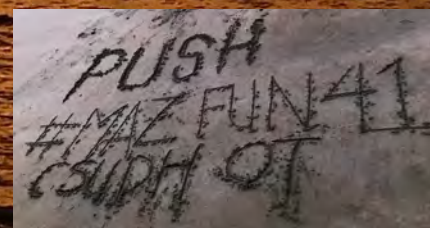
And collaborating with therapists at Padres y Compadres , Team 41 designed a sensory playground for the kids. There was a tour of a local therapy clinic and a day of distributing wheelchairs and walkers. There was time also to see the sites of Mazatlán, enjoy the local cuisine, and relax before coming home with amazing memories of an incredible experience, that at times there are no words to describe, but the impression is indelible on the heart.



(back): Sophie, Morgan, and Ric
(front): Paul, Sara, Elmira, Christine, and Kristen



Mazatlán



Frank Kronenberg

(Excerpted from OTAC's December 2017 Newsletter; written by Heather Kitching, OTAC President)

It was our good fortune to welcome Frank Kronenberg, BSc (OT), BA (Ed) to our 2017 Annual Conference as well as to have him join us in southern California following Conference. Holding many “jam sessions,” open discussions, site visits, and mealtime conversations, many in the occupational therapy community were able to experience his perspectives on the future of our practice and embrace our potential to impact the lives of others. The OTAC Board of Directors and the 2017 Annual Conference Committee would like to extend sincerest gratitude to Terry Peralta-Catipon, PhD, OTR/L, and the Department of Occupational Therapy at California State University Dominguez Hills (CSUDH) for sponsoring Kronenberg as our annual keynote speaker as well as extending their sponsorship to include an additional week's sessions and visits.

The event held at CSUDH included students, faculty, and esteemed colleagues from Occupational Therapy Treatment Program (OTTP),
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Frank Kronenberg's Book Signing

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Pediatric Therapy Network (PTN), the University of St. Augustine (San Marcos) Master of Occupational Therapy Program, and CBD College.

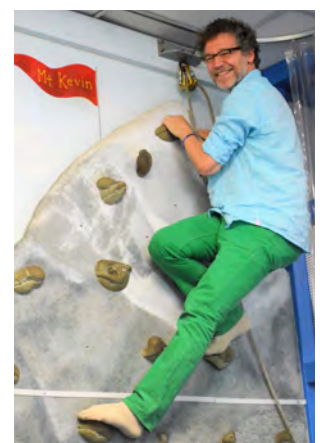
Gracious as always, Frank shared his insights on *Humanizing Praxes: Generating Occupational Therapies from the 'South'* with the students, alumni, faculty, staff, and area occupational therapy practitioners. A discussion ensued and afterwards a book signing, arranged with the campus bookstore, was held: *Occupational Therapy without Borders: Learning from the Spirit of Survivors, A Political Practice of Occupational Therapy*, and *Occupational Therapies without Borders - Volume 2: Towards an Ecology of Occupation-Based Practices*. What an opportunity for this exchange with a noted international occupational therapist!



Visiting Pediatric Therapy Network ...



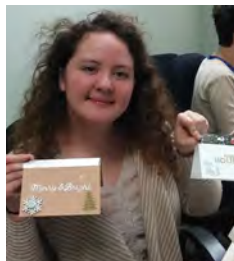
The week with Frank Kronenberg also included a visit to Pediatric Therapy Network (PTN), one of CSUDH's occupational therapy fieldwork sites. PTN's CEO, Terri Nishimura, MA, OTR/L; former staff, Faith Moy, OT/L; and current staff, Joan Surfus, OTD, OT/L provided a tour of its facilities and an opportunity for staff to engage in dialogue with Frank. PTN is a non-profit organization providing therapy services to children with special needs. Founded in 1996, occupational, physical and speech therapy services were provided based on sensory integration techniques pioneered by A. Jean Ayres. Thank you for a great time swinging, climbing, and rolling around in the ball pit!



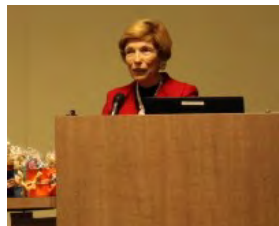
ICOT Fundraiser

Integrating Cultures through Occupational Therapy (ICOT) at CSUDH aims to “bridge local and international issues under the scope of occupational therapy by promoting awareness, appreciation, and advocacy of different cultures”. In the spirit of ICOT and to celebrate the completion of the Fall semester, a Holiday Cards and Gift Tags Workshop was held on December 15, 2017.

Organized by ICOT Co-Presidents Sara Paik and Kristen Lee, Secretary Christine Quach, and Event Coordinator Hans Kim, along with faculty members, Faith Moy and Elaine Chiu, students and faculty had an opportunity to “find their occupational balance, de-stress after finals” and find their creative side by crafting cards and gift tags using stamping and embossing techniques. Proceeds from the awesome event were donated to scholarships for international fieldwork.



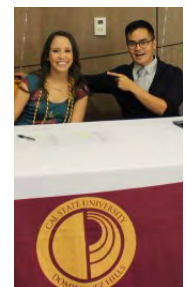
Graduation Banquet



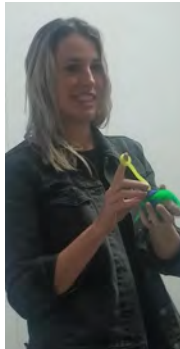
The Graduation Banquet is a time to celebrate our newest cohort in the completion of the master's program in occupational therapy. This journey is celebrated with family, friends, significant others, and the faculty and staff with Cohort 11 in achieving this milestone in their budding career as an occupational therapist. We also congratulate and recognize students in their achievements:



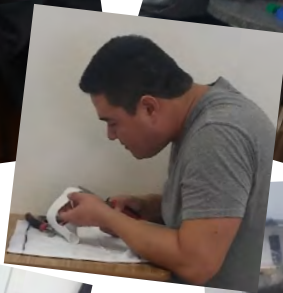
- Academic Excellence Award:
 Brianne Haeger
- Leadership and Professionalism Award:
 Kelly Archer
 Megan Dominquez
 Elizabeth Giancola
 Laura Gonzalez
 Michelle Savarese
 Vanessa Dougherty
- Creativity and Community Service Award:
 Megan Dominguez
 Laura Gonzalez
 Dominic Asio
 Calvin Cheng
 Lisa Faust
 Rebecca Prosser
- Fieldwork Recognition Award:
 Michelle Savarese
 Hanalynn Hunt
 Tiffany Vintayen
 Grace Yim
- Most Inspirational Student Award:
 Kelly Archer
 Laura Gonzalez
 Michelle Savarese
 Calvin Cheng
 Lisa Faust
 Sydney Bessner
 Techun Chao
 Danielle Heck
 Nina Im



Classes in Review ...



Oh, the Memories ...



So Much Fun in Pediatrics ...





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**OCCUPATIONAL
THERAPY**