

Occupational Therapy Newsletter

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS

College of Health, Human Services, and Nursing



WELCOME COHORT 11

Melissa Jazmines-Broersma

On January 8th, The CSUDH MSOT Program welcomed Cohort 11. The students engaged in several ice-breakers provided by Cohort 10 and watched a very entertaining welcome video created by C10. The video can be watched here: https://www.youtube.com/watch?v=_O0s7qQr2Kk
The students met the OT faculty and also met with their advisors. Following presentations from Dr. Peralta as well as other campus representatives, Cohort 10 students led campus tours and gave pointers on doing well in the program. Congratulations Cohort 11!



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Occupational Therapy Newsletter
 Department of Occupational Therapy
 California State University Dominguez Hills

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 Caleh Kim, Kristine Laird, Jacqueline Koh and Ashok Sadasiv-
 aiah. Photography by: Patricia Suarez and Jonathan Moh.

Did you ever know that you're my hero?

Terry Peralta, Ph.D., OTR/L

“Hi Dr. Neville-Jan!” I’d always say when she answered the phone every time I called. She’d always reprimand me with a seemingly stern, “it’s Ann.” I’d simply laugh. At times, she would say “oh, stop that!” coupled with her typical giggly laugh. I was Ann’s teaching assistant when she was my dissertation chair in the late nineties, and through the years, we’ve become friends. For more than 15 years, we’d regularly have dinner, meet up at conferences, and in both occasions, there would always be wine. We would talk about work, life, family, and everything else that is going on. “You’d always be Dr. Neville-Jan to me!” I would always say as she smiled bashfully. My respect for Ann is beyond that of being a mentor, she has inspired me in many ways and has become the person I go to for advice, may it be about minor life issues or major career decisions. Being born with Spina Bifida and told as a child that she will never walk, Ann is a real survivor. Just watching her, one would not know the difficulties of her daily life coupled with multiple surgeries she needed to endure. I especially remember being with her at Norris Cancer Center more than 10 years ago when she was battling breast cancer, which she eventually won. To me, she epitomized strength. So, it was not typical when she seemed fearful about her recent diagnosis and impending operation. I tried to comfort her, but deep inside, I was not afraid.... because she was my hero, and heroes don’t die! One week ago, she did pass. My condolences to the family she deeply loved. I mourn with the OT Community wherein she has earned great respect and admiration. I miss you already. Someday, we’d meet up at an OT Conference in heaven.... and God permitting, there would be wine. Until then, I’ll look forward to that time when I can again hear your giggly laugh when I say “Hi Dr. Neville-Jan!”



In Memoriam
Ann Neville-Jan, PhD, OTR/L, FAOTA

http://chan.usc.edu/faculty/directory/Ann_Neville-Jan

AOTA/NCBOT National Student Conclave

Caleh Kim, OTS

On November 14th and 15th, AOTA and NBCOT held the National Student Conclave in St. Louis, Missouri. Students from all over the nation met in St. Louis to share experiences and gain knowledge about the current Occupational Therapy field. Candace Chatman, Katie Henderson, Kristine Laird, and I were awarded full scholarships by the Department to go as representatives for CSUDH to bring back the knowledge and share with the rest of our cohort. We attended educational sessions led by experienced Occupational Therapists in the field, new graduates and AOTA's President, Virginia Stoffel, PhD, OT, BCMH, FAOTA, where we learned tips on passing the NBCOT exam, how to land our first job, and how to work with other professionals.



Rancho Los Amigos Spinal Injury Games

Kristine Laird, OTS

On Saturday September 13th, CSUDH OT students volunteered at the Rancho Los Amigos Spinal Injury Games. This was an all-day event of wheelchair sports. The sports included handcycling, basketball, quad rugby, football accuracy throw, tennis and many more! Volunteers participated by cheering on participants, manning the water booth, passing out snacks, setting up equipment and lunch, as well as cleaning up at the end of the day. There was also an opportunity to walk around to the vendor booths and learn about products relevant to spinal cord injuries such as assistive technology and wheelchair

materials. It was a great event that showcased many talented athletes. Volunteers were able to gain information about Rancho Los Amigos National Rehabilitation Center and spinal cord injuries. We are looking forward to supporting the annual Spinal Injury Games again next year!

CSUDH Professor and Student Receive OTAC Awards

Melissa Broersma

The OT Department is proud of the accomplishments of Professor, Dr. Diane Mayfield and cohort 9 student, Sammi Itaya. Dr. Diane Mayfield was recognized by OPTAC as Fieldwork Educator of the Year. Sammi Itaya received the Outstanding Student of the Year Award during the Awards Event on October 3, 2015.



PTE Job Outlook Panel

Rachel Fein, OTS

Last November, Pi Theta Epsilon hosted its first OT Job Outlook Panel for all MSOT students. Panel speakers included Lisa Colburn, MS, OTR/L, Alann Salvador, OTD, OTR/L, Christine Lam, OTD, OTR/L and [unclear] OTR/L. Students were able to gain information about what it is like to work as a practicing pediatric or mental health occupational therapist, including job prospects, salary expectations, and other real-world advice from practicing therapists. It was a valuable and insightful evening! PTE's next Job Outlook Panel will be held in the late spring and will focus on the areas of practice within the adult population.



Dr. Iwama Visits CSUDH

Diane Mayfield, Ed.D., OTR/L

Dr. Michael Iwama is the author of an innovative book, on theory and culture in health titled: “The Kawa Model; Culturally Relevant Occupational Therapy. I heard him speak at the AOTA International luncheon in April 2007. Since then, he has been one of my heroes in the Occupational Therapy profession. I use his Kawa Model to guide my non-profit practice in South East Asia. So, you can imagine my delight when he found time to visit us on our campus! Dr. Iwama spoke to a group of students and faculty in Claudia Hampton Hall on October 16 from 5:30pm – 6:30pm. The focus of his presentation centered on cultural sensitivity and diversity in health care.

To make a point, he presented us with a picture:



And reminded us that our culture has influenced our interpretation of this object. If something this simple and basic can mean something different to each one of us, then we should recognize the importance of trying to look at health and intervention through the eyes of our clients. On another note, Dr. Iwama is a big fan of ‘In and Out Burgers’, thank to Dr. Peralta!



OT Department Annual Thanksgiving Student Appreciation Dinner

Lisa D. Langford, MA Edu. Counseling

On December 4th, we held our Annual Student Appreciation dinner for Cohort 10 at El Pollo Inka in Gardena, California. This annual dinner is sponsored by the Department to encourage students as they have reached a pinnacle in the program finishing the first three semesters, two fieldwork I experiences, and their first of two research projects. We had over 95% of the students, along with faculty and staff attend the event and the food is always great! We congratulate Cohort 10 on their accomplishments, and look forward to seeing them after the holiday break.



Dr. Hwang Building OT from Coast to Coast – Japanese Students Visit

Kristina Larkins, OTS

Konnichiwa! The CSUDH Occupational Therapy department had the pleasure of hosting a group of about 40 Japanese OT students for a tour and visit to our campus. We can thank Professor Dr. Eric Hwang, along with a Japanese associate of his, for coordinating and overseeing the visit. The Japanese students had a busy day of OT-related events, including an informative lecture of OT in the US, lunch, a special campus tour, and mock OT treatment groups. The mock OT treatment groups were a hit and were led by three MSOT students from each section of Cohort 10. Treatment groups began with friendly introductions (name and favorite food) and the challenge to undo the tangle known as the “human knot.” Candace Chatman, MSOT ‘16, led a mental health group in creating a vision board with the goal of self-identification, values, and aspirations of future accomplishments, potential barriers, and needed supports. Kristina Larkins, MSOT ‘16, led an arts and crafts group in decorating miniature pumpkins with acrylic paint and thumb tacks, and focused on creative expression and fine motor skills, such as pincer grasp and lateral pinch. Ashok Sadasivaiah, MSOT ‘16, led a sensorimotor group in competing in obstacle courses and races to practice teamwork and gross motor skills.



Jonathan Moh, MSOT ‘16, was a big help as assistant and timekeeper during the group leads. Lauren Yoshikawa, MSOT ‘16 and Yuka Yano, MSOT ‘16, are very much appreciated for their all-day commit-

ment in their assistance as translators and facilitators. Despite of some language barrier, everyone was a great participant and all had a great time. To wrap up the day, everyone visited with each other, took pictures, shared laughs, and in true Japanese spirit, exchanged thoughtful gifts.



OTAC Conference Booth

Lisa D. Langford, MA Edu. Counseling

This was the first year that we were able to have a booth and participate at the Expo at the 2014 Occupational Therapy Association of California Exposition in Pasadena, California. It was an exciting time to see other partners and affiliates who support our students through fieldwork experience, or by attending the CSUDH OT Annual Career Fair. New ideas and innovations were presented by vendors that provide Occupational Therapists with resources, supplies, and new technology. Our OT Students stopped by the booth along with other students from West Coast University, USC, and Samuel Merritt. A highlight was to see Alumni from earlier cohorts come and speak to their appreciation of the CSUDH MSOT Program. To all CSUDH Alumni, continue to connect with us via our website or Facebook for upcoming events! Be sure to sign up as members of our Alumni page at <https://www.facebook.com/groups/CSUDHOTALumni/>



OT Students share experiences after attending the OTAC Conference and Alumni Reception

Jacqueline Koh, OTS

The CSUDH Alumni Event at the OTAC Annual Conference was held on October 2014 at the Pasadena Hilton, where many of the current students mingled with alums, faculty and staff. Representatives from various CSUDH student cohorts shared their wisdom and experiences, a DJ was present to take personal song requests, the cash bar was frequented by many, and there was even line dancing lessons with choreography by our very own student admin! I entered the student centerpiece competition and won a very nice waterproof CSUDH OT jacket for first place. Finally, near the end of the night we received a special visit from the OTAC keynote speaker, Dr. Michael Iwama, who was immediately adopted into the CSUDH family as a temporary alumni honoree. The next day, thanks to the generosity of a SOTA OTAC scholarship, I was able to attend the Student Track sessions at the OTAC Conference. It was a great opportunity to listen to professionals in the field share their knowledge and experiences, meet fellow students from other OT schools, and load up on free merchandise from the different vendor booths! The entire weekend was a great bonding experience and made me really proud to be part of such a wonderful OT community.



Ashok Sadasivaiah, OTS

On the evening of October 17th, I had the pleasure of acting as the Master of Ceremonies for the CSUDH OTAC Alumni Reception at the Pasadena Hilton. This event brought together CSUDH faculty members and students of past and present. As we heard from our faculty, now practicing occupational therapists from Cohorts 2 through 10, and current students representing Pi Theta Epsilon and SOTA, it was inspiring to see and hear all the amazing things members of the CSUDH OT family are accomplishing in both academics and clinical practice. In addition, their words and experiences were a testament to how far the profession has advanced in the past decade and how much more it will continue to do so in the coming years. In truly occupationally balanced fashion, the night concluded with food, drinks, conversation, laughter, and perhaps most memorably, a choreographed group dance routine. All in all, the night was a success and an excellent reminder for those of us still in school that upon graduation, we will be joining the ranks of an enormously talented community of CSUDH Occupational Therapy alumni.



Faculty Publications

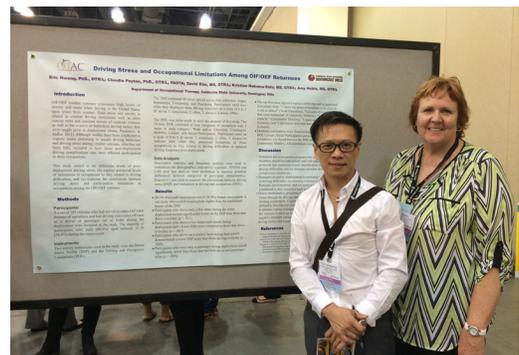
Articles in Refereed Journals

Hwang, E. J., Maverick, M. A., Phillips, K. E., & Newman, S. (2014). Correlating self-efficacy and life style with quality of life among adolescent mothers. *Journal of Occupational Therapy, Schools, & Early Intervention, 7*, 272-283. doi:10.1080/19411243.2014.966009

Hwang, E. J., Peyton, C. G., Kim, D. K., & Nakama, K. K., & Noble, A. E. (2014). Post-deployment driving stress and related occupational limitations among veterans of operation iraqi freedom and operation enduring freedom. *American Journal of Occupational Therapy, 68*(4), 386-394. doi: 10.5014/ajot.2014.011668

Refereed Presentation

Hwang, E. J., Peyton, C. G., Kim, D. K., & Nakama, K. K., & Noble, A. E. "Driving Stress and Occupational Limitations Among OIF/OEF Returnees". Occupational Therapy Association of California's 38th Annual Conference, Pasadena, CA, October 2014.



Invited Presentations

Hwang, E. J.: The HELP helps: The use of Health Enhancement Lifestyle Profile in geriatric occupational therapy. The Honored Lecturer for the second annual Huecker Lecture. Loma Linda University, School of Allied Health Professions, Loma Linda, CA, December 2014.

Hwang, E. J.: Healthcare System in the United States and Sources of Reimbursement for Occupational Therapy (Speech for Visiting Students from Fukuoka I-Ken Medical College and Kyoto I-Ken Medical and Health College, Japan). California State University, Dominguez Hills, Carson, CA, October 2014.

Class Activity - OTR 575: Occupations Across the Lifespan IV – Geriatrics

Instructor: Yan-hua Huang, Ph.D., OTR/L

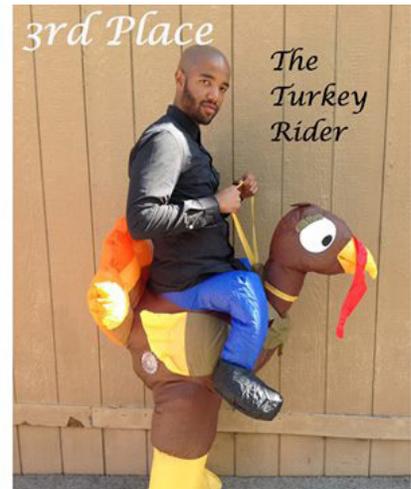
Students in class stick a root, stem and leave on the tree with their wishes to someone they love



SOTA Halloween Costume Contest

Jacqueline Koh, OTS

SOTA had its first Halloween costume competition this year, and it was a great success! There were 18 contestants for the individual costume category and 4 contestants for the group costume category. Faculty members also participated in the costume competition. Winners were determined based on online voting by students, faculty, and administration. The 1st, 2nd, and 3rd place individual winners were the Human Dermatome (Macy Crenshaw), Space (Arianna Lebrun), and the Turkey Rider (Marley Lisboa), respectively. The winner for the group category was the Treasure Troll Dolls (Neika Marin, Ashley Martin, Kelsey Nicks). Prizes awarded included Amazon gift cards, Trick-or-Treat buckets, candy, and SOTA snack shop coupons.



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