



# TRAINING SCHEDULE

**OSHA Training Institute Education Center (OTIEC)  
CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS**



# Building a Safer World Together

California State University, Dominguez Hills houses the only Los Angeles-based OSHA Training Institute Education Center (OTIEC). The CSUDH OTIEC is authorized by the U.S. Department of Labor to deliver OSHA approved courses to safety professionals, workers, supervisors and employers, as well as to engage in community outreach events, thus helping to ensure safe and healthful working conditions for workers and employers.

## Table of Contents

### Become a Trainer 2



The CSUDH OTIEC offers four OSHA Outreach Trainer Authorizations in Construction, General Industry, Maritime Safety, and Disaster Site Worker, and a Cal/OSHA Endorsement to teach Outreach Training.

### On-Site Training 4



The CSUDH OTIEC works closely with the business community to develop training programs that help companies remain in compliance with regulatory enforcement agencies.

### Certificates 6



CSUDH OTIEC Certificate programs prepare individuals to comply with current OSHA and Cal/OSHA regulations based on the selection of courses. Upon successful completion of a certificate, students receive a paper certificate and a digital badge, which is shareable through social media.

### Apply Courses to Multiple Certificates! 13

### Courses 14



To view the complete list of courses visit [csudh.edu/oshacourses/](https://csudh.edu/oshacourses/). Please visit individual course web pages for information on any required course materials, and courses requiring approval to enroll.





### FREE Quarterly Update



CSUDH OTIEC periodically offers a free public seminar designed to keep safety professionals and local employers informed regarding safety and health compliance. For further information, visit [csudh.edu/osha/career-development/](http://csudh.edu/osha/career-development/)

### Upcoming Schedule



To view the course schedule, visit [csudh.edu/osha/schedule](http://csudh.edu/osha/schedule). If a course you're interested in does not have any scheduled meetings available, please call (310) 243-3355 for additional on-site training information.

### Apply Your Training to a Bachelor's Degree



OSHA courses taken at the CSUDH OTIEC can be applied to an online **Bachelor's degree in Occupational Safety & Health at Columbia Southern University**. For further information, visit [start.columbiasouthern.edu/osh/](http://start.columbiasouthern.edu/osh/).

### Military Veterans Discount



CSUDH has a proud tradition of serving America's Military and offering a discount to all active and retired service members. The 10% discount must be applied at the time of registration and cannot be combined with any other offer. Update Trainer courses are excluded.

### Financial Aid Resources



Financial resources are available for those who qualify. Please contact your local EDD or WIB office for more information, and visit [csudh.edu/ccpe/wioa](http://csudh.edu/ccpe/wioa).

### Program Inquiries

Phone: (310) 243-2425  
[osha@csudh.edu](mailto:osha@csudh.edu)

### General Registration

Phone: (310) 243-3741  
[ceereg@csudh.edu](mailto:ceereg@csudh.edu)

### On-site Training

**Raul A. Guzman**  
Director  
[rguzman@csudh.edu](mailto:rguzman@csudh.edu)

### California State University, Dominguez Hills

College of Continuing and Professional Education  
1000 E. Victoria St. EE-1337  
Carson, CA 90747  
(310) 243-2425



# Become a Trainer

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## Four OSHA Outreach Trainer Programs Available

The OSHA Training Institute Education Center at CSUDH offers four OSHA Authorized Outreach Training Programs in Construction, General Industry, Maritime Safety, and Disaster Site Worker, and a Cal/OSHA Endorsement to teach 10- and 30-Hour Outreach Training. If you have the required experience (requirements differ for each program) this can be an excellent opportunity to become an Authorized Trainer for your company, or to build your own business.

### Construction Industry Outreach Trainer

**Required Course:** OSHA 500 Trainer Course in OSHA Standards for the Construction Industry

**Prerequisite Course:** Construction Industry - OSHA 510 OSHA Standards for the Construction Industry

**Requirements:** OSHA 510 course completed within the last seven years and five years of construction safety experience. A bachelor or higher college degree in occupational safety and health or industrial hygiene by an accredited college or university, a Certified Safety Professional (CSP) or Certified Industrial Hygienist (CIH) designation in the applicable training area may be substituted for two years of experience.

**Trainer will be authorized to deliver 10 -and 30-Hour OSHA Training for the Construction Industry.**



### General Industry Outreach Trainer

**Required Course:** OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry

**Prerequisite Course:** OSHA 511 Occupational Safety and Health Standards for General Industry

**Requirements:** OSHA 511 course completed within the last seven years and five years of general industry safety experience. A bachelor or higher college degree in occupational safety and health or industrial hygiene by an accredited college or university, a Certified Safety Professional (CSP) or Certified Industrial Hygienist (CIH) designation in the applicable training area may be substituted for two years of experience.

**Trainer will be authorized to deliver 10- and 30-Hour OSHA Training for General Industry.**

### Cal/OSHA Endorsement to Teach 10- and 30-Hour OSHA Outreach Training

**Requirements:** Be a current authorized OSHA Outreach trainer or become an authorized OSHA Outreach trainer within six (6) months after completing OSHA 5109 or 5119 course. Trainers should note that the Cal/OSHA Partnership endorsement expires on the same date as their federal trainer authorization. Candidates must have at least one year of verifiable safety and health experience with an organization governed by Cal/OSHA standards. Outreach Trainers will be required to sign a “Statement of Eligibility” form, prior to, or in their Cal/OSHA course.



## Maritime Industry Outreach Trainer

**Required Course:** OSHA 5400 Trainer Course in Occupational Safety and Health Standards for the Maritime Industry

**Prerequisite Course:** OSHA 5410 Occupational Safety and Health Standards for the Maritime Industry

**Requirements:** OSHA 5410 course completed within the last seven years and five years of maritime industry safety experience. A bachelor or higher college degree in occupational safety and health or industrial hygiene by an accredited college or university, a Certified Marine Chemist (CMC), Certified Safety Professional (CSP) or Certified Industrial Hygienist (CIH) designation in the applicable training area may be substituted for two years of experience.

**Trainer will be authorized to deliver 10- and 30-Hour OSHA Training for the Maritime Industry.**

## Disaster Site Worker Outreach Trainer

**Required Course:** OSHA 5600 Trainer Course for Disaster Site Worker

**Requirements:** Current OSHA authorization as a Construction, Maritime or General Industry Outreach trainer, three years of safety training experience, and either completion of the 40-hour HAZWOPER course or possession of journey-level credentials in a building trade union.

**Trainer will be authorized to deliver 7.5- and 15-Hour OSHA Training for Disaster Sites Workers.**



### Steps to enroll in OSHA Trainer Programs 500/501/5400/5600:

1. Download the prerequisite verification form at [csudh.edu/osha/forms](https://csudh.edu/osha/forms). Submit completed form and proof of prerequisite course completion to [osha@csudh.edu](mailto:osha@csudh.edu).
2. If approved, an email notification will be sent with registration instructions. Please allow 2-3 days for processing.

**NOTE:** Working safely does not meet the requirements of safety experience for any course.

# On-Site Training

The OSHA Training Institute Education Center at CSUDH works closely with the business community to develop training programs to help companies stay in compliance with regulatory enforcement agencies. CSUDH offers over 80 courses in occupational safety and health both in English and Spanish, courses are tailored to meet industry specific requirements.

Our team of professionals is trained to provide the best service possible at an affordable price. Our experts can expedite your request for on-site training.

Discounted rates are available to groups of 15 students or more. Volume discounts are also available for companies and organizations scheduling two or more on-site trainings.

**For more information, please contact us at 310-243-3355 or [rguzman@csudh.edu](mailto:rguzman@csudh.edu).**

## Construction Industry

T8 CCR*	Course Name
1509 & 1510	10- & 30-Hour Construction Safety and Health Course
3648	Aerial Devices/Scissor Lift Safety
3203	Back Injury Prevention Safety Lifting
1590-1596	Backhoe/Loader
3648	Boom (Bucket) Truck Safety
3400	First Aid, CPR & AED
5157 & 5158	Confined Space Entry
5157 & 5158	Confined Space Rescue
5006	Crane and Hoist Safety for Construction
3203	Defensive Driving
3314	Electrical Safety & Lockout/Tagout Program
3314 & NFPA 70E	Electrical Safety NFPA 70E Arc Flash
3416 & 1670	Fall Protection
6151	Fire Prevention/Extinguisher Use for Construction
NFPA51, 29 CFR 1910.252	Fire Watch Training for Hotwork
3556	Hand and Power Tool Safety
5099	Hearing Conservation
3395	Heat Illness Prevention
3668	Industrial Power Truck Operator Safety
3668	Industrial Power Truck Train-the-Trainer Program
1532	Lead Awareness Level Training
3203 & 3314	Machine Guarding Safety
5144	Respiratory Protection
5003	Rigging & Material Handling Safety
1637	Scaffolding Program
5144	Self Contained Breathing Apparatus

*\*California Code of Regulations Title 8*

## Construction Industry *Continued*

T8 CCR*	Course Name
Labor Law	Sexual Harassment Course
1597-1599	Traffic Control Flagger, Barricades & Warning Signs
1540-1541	Trenching and Shoring (Competent Person)
3203	Workplace Violence Prevention

## General Industry

T8 CCR*	Course Name
1509 & 3203	10- & 30-Hour OSHA General Industry Worker Health & Safety
3648	Aerial Devices/Scissor Lift Safety
1529	Asbestos Safety, Awareness Level
3648	Boom (Bucket) Truck Safety
3400	First Aid, CPR & AED
5157 & 5158	Confined Space Entry
5157 & 5158	Confined Space Rescue
5006	Crane & Hoist Safety for General Industry
3202	Defensive Driving
3314	Electrical Safety and Lockout/Tagout Program
3314 & NFPA 70E	Electrical Safety NFPA 70E Arc Flash
3220	Emergency Response Training
3413 & 3416	Fall Protection
3221 & 6151	Fire Prevention/Extinguisher Use
NFPA 51, CFR 1910.252	Fire Watch Training for Hot Work
3356	Hand Tool and Portable Power Tool Safety
3668	Forklift Operator Safety
3668	Forklift Train-the-Trainer
5194	Hazard Communication
5194	Hearing Conservation
3395	Heat Illness Prevention
5191	Laboratory Safety
1532	Lead Awareness Level Training
3203 & 3314	Machine Guarding Safety
1509 & 3203	Regulatory & Safety Program Management for Supervisors
5144	Respiratory Protection
5003	Rigging & Material Handling Safety
Labor Law	Sexual Harassment Course
3203	Workplace Violence Prevention

# Advanced Safety & Health Certificate

## The Program

This certificate responds to the needs of safety professionals for whom a certificate contributes to career advancement and professional recognition. Because the field of safety is different at every jobsite the certificate allows for flexibility in both the required and elective courses.



## Certificate Requirements

To earn the Advanced Safety & Health Certificate of Completion, the individual will have to successfully complete seven (7) required courses. At least four (4) of the courses, including the final two (2), must be completed through the CSUDH OTIEC. All courses must be completed within a 5 year period. Courses taken through other official OSHA Training Institute Education Centers can be used to fulfill up to three courses required for the Advanced Safety & Health Certificate of Completion.

## Required Courses

### Construction Track

#### (Complete 4):

- **OSHA 510** OSHA Standards for the Construction Industry
- **OSHA 521** OSHA Guide to Industrial Hygiene
- **OSHA 3095** Electrical Standards
- **OSHA 3115** Fall Protection

### General Industry Track

#### (Complete 4):

- **OSHA 511** Occupational Safety and Health Standards for General Industry
- **OSHA 521** OSHA Guide to Industrial Hygiene
- **OSHA 2225** Respiratory Protection
- **OSHA 2264** Permit-Required Confined Space Entry

**Total training days: 28**  
**Total contact hours: 210**

## Electives (Complete 3)

- **OSHA 500** Trainer Course in Occupational Safety and Health Standards for the Construction Industry
- **OSHA 501** Trainer Course in Occupational Safety and Health Standards for General Industry
- **OSHA 510** OSHA Standards for the Construction Industry
- **OSHA 511** Occupational Safety and Health Standards for General Industry
- **OSHA 2015** Hazardous Materials
- **OSHA 2045** Machinery and Machine Guarding Standards
- **OSHA 2055** Cranes in Construction
- **OSHA 2225** Respiratory Protection
- **OSHA 2255** Principles of Ergonomics
- **OSHA 2264** Permit-Required Confined Space Entry
- **OSHA 3015** Excavation, Trenching and Soil Mechanics
- **OSHA 3095** Electrical Standards
- **OSHA 3115** Fall Protection
- **OSHA 5109** Cal/OSHA Standards for the Construction Industry
- **OSHA 5119** Cal/OSHA Standards for General Industry
- **OSHA 5400** Trainer Course in Occupational Safety and Health Standards for the Maritime Industry
- **OSHA 5410** Occupational Safety and Health Standards for the Maritime Industry
- **OSHA 5600** Disaster Site Worker Trainer Course
- **OSHA 6000** Collateral Duty Course for Other Federal Employees
- **OSHA 7505** Introduction to Incident (Accident) Investigation
- 40-Hour HAZWOPER
- EM 385-1-1
- Safety Audits and Inspections
- Cal/OSHA Legal Process
- Trainer Course – MEWPs (Aerial Lifts)
- Trainer Course - Fall Protection
- Trainer Course - Forklift Safety
- Trainer Course - Rigging Safety



# Healthcare Safety Technician Certificate

## The Program

The Healthcare Safety Technician Certificate is designed for professionals in the healthcare environment who are responsible for the safety of patients, employees, and visitors. This certificate of completion program will provide a solid foundation to assist in facilitating institutional compliance with OSHA regulations and meeting The Joint Commission (TJC) standards as they relate to the environment of care. Course content will specifically address conducting risk assessments, the Hospital Incident Command System (HICS), NFPA's Life Safety Code®, and The Joint Commission's Statement of Conditions™.



## Certificate Requirements

To earn the Healthcare Safety Technician Certificate, the individual will have to successfully complete seven (7) required courses. At least five (5) of the courses, including the final two (2), must be completed through the CSUDH OTIEC. All courses must be completed within a 5 year period. The official “certificate enrollment date” is the first day of the first CSUDH OTIEC course the participant wishes to count towards the certificate of completion. Courses taken through other official OSHA Training Institute Education Centers can be used to fulfill up to two (2) courses required for the Healthcare Safety Technician Certificate.

## Required Courses

- **OSHA 511** OSHA Standards for General Industry
- **OSHA 7200** Bloodborne Pathogens
- **OSHA 7210** Pandemic Influenza & Transmissible Diseases
- Hazardous Materials within the Healthcare Environment
- Emergency Management within the Healthcare Environment
- Fire & Life Safety within the Healthcare Environment
- Basic Life Support –American Heart Association

Total training days: **10**

Total contact hours: **75**

*Complete this  
Certificate Program  
in as little as  
**6 months!***

Visit [csudh.edu/osha/certificate-programs](https://csudh.edu/osha/certificate-programs) for certificate requirements.

# Refinery Safety Technician Certificate

## The Program

This program consists of nine courses offered for CEU credit and is focused on the responsibilities of a safety technician in the refinery setting as a whole. Participants will be prepared with a solid foundation in order to assist refinery safety managers in facilitating OSHA regulations and meeting performance expectations of employers. Course content addresses refinery process overview and safety regulations, hazard recognition and conducting risk assessments, and safe work practices such as “hot” work and confined spaces in refineries. Participants who complete the certificate program will be able to perform typical functions of refinery safety staff assigned to work with maintenance subcontractors. The curriculum will prepare crafts and trades persons associated with gasoline refinery operations to enter refinery employment as safety technicians.



## Certificate Requirements

To earn the certificate participants will complete nine (9) required courses; at least five (5) courses must be completed through the CSUDH OTIEC. All courses must be completed within five (5) years. Courses taken through other official OSHA Training Institute Education Centers can be used to fulfill up to four (4) courses required for the Refinery Safety Technician Certificate of Completion.

*Complete this  
Certificate Program  
in as little as **6 months!***

## Prerequisite

### Complete 1:

- OSHA 510 OSHA Construction Industry Standards
- OSHA 511 OSHA General Industry Standards

## Required Courses

### Required (Complete 6):

- **OSHA 521** OSHA Guide to Industrial Hygiene
- **OSHA 2264** Permit Required Confined Space
- **OSHA 7505** Introduction to Accident Investigation
- Refinery HES Overview
- Refinery Hazard Control and Safe Work Practices
- Managing Safety Performance in Refineries

### Electives (Complete 2):

- **OSHA 2015** Hazardous Materials
- **OSHA 2225** Respiratory Protection
- **OSHA 2255** Principles of Ergonomics
- **OSHA 3015** Excavation, Trenching and Soil Mechanics
- **OSHA 3115** Fall Protection
- **OSHA 3095** Electrical Standards
- **OSHA 5810** Hazard Recognition for On-Shore Oil & Gas Exploration
- 30-Hour OSHA General Industry

Total training days: **20**  
Total contact hours: **150**

Visit [csudh.edu/osha/certificate-programs](https://csudh.edu/osha/certificate-programs) for certificate requirements.

# Certified Safety and Health Official Certificate

## The Program

The CSHO Certificate of Completion provides a clear and defined path towards earning a professional certificate with a concentration in construction or general industry safety based on the selected track. Individuals seeking to complete this program must have a minimum of 5 years of experience overseeing safety and meet the prerequisite requirements of OSHA 500 or 501.



## Certificate Requirements

To earn the CSHO Certificate of Completion, the individual will have to successfully complete nine (9) required courses. At least four (4) of the courses, including the final two (2), must be completed through the CSUDH OTI Education Center. All courses must be completed within a 5 year period. Courses taken through other official OSHA Training Institute Education Centers can be used to fulfill up to four (4) courses required for the CSHO Certificate of Completion.

### Construction Track

#### Required (Complete 7):

- **OSHA 500** Trainer Course in OSHA Construction Industry Standards
- **OSHA 510** OSHA Standards for the Construction Industry
- **OSHA 511** OSHA Standards for General Industry
- **OSHA 521** OSHA Guide to Industrial Hygiene
- **OSHA 3015** Excavation, Trenching and Soil Mechanics
- **OSHA 3095** Electrical Standards
- **OSHA 3115** Fall Protection

#### Electives (Complete 2):

- **OSHA 2015** Hazardous Materials
- **OSHA 2055** Cranes in Construction
- **OSHA 2225** Respiratory Protection
- **OSHA 2255** Principles of Ergonomics
- **OSHA 2264** Permit-Required Confined Space Entry
- **OSHA 5109** Cal/OSHA Standards for Construction Industry

### General Industry Track

#### Required (Complete 7):

- **OSHA 501** Trainer Course in OSHA Standards for General Industry
- **OSHA 510** OSHA Standards for the Construction Industry
- **OSHA 511** OSHA Standards for General Industry
- **OSHA 521** OSHA Guide to Industrial Hygiene
- **OSHA 2045** Machinery and Machine Guarding Standards
- **OSHA 2264** Permit-Required Confined Space Entry
- **OSHA 3095** Electrical Standards

#### Electives (Complete 2):

- **OSHA 2015** Hazardous Materials
- **OSHA 2225** Respiratory Protection
- **OSHA 2255** Principles of Ergonomics
- **OSHA 3115** Fall Protection
- **OSHA 5410** OSHA Standards for the Maritime Industry
- **OSHA 5119** Cal/OSHA Standards for General Industry

Visit [csudh.edu/osa/certificate-programs](https://csudh.edu/osa/certificate-programs) for certificate requirements.

# Safety & Health Fundamentals Certificate

## The Program

The certificate program in Safety & Health Fundamentals supports OSHA's mission by training supervisors in occupational safety and health to reduce incident rates for workers. Participants have the opportunity to earn certificates for Construction and General Industry training.

## Safety & Health Fundamentals

This certificate is issued by the Occupational Safety and Health Administrations (Directorate of Training and Education). **Elective courses must total 29 contact hours.**

### Construction Track

#### Required (Complete 3):

- **OSHA 510** Occupational Safety and Health Standards for the Construction Industry
- **OSHA 7500** Introduction to Safety and Health Management
- **OSHA 7505** Introduction to Incident (Accident) Investigation

#### Electives (Complete 4):

- **OSHA 3095** Electrical Standards
- **OSHA 7105** Evacuation and Emergency Preparedness
- **OSHA 7110** Safe Bolting: Principles and Practices
- **OSHA 7205** Health Hazard Awareness
- **OSHA 7400** Noise in the Construction Industry
- **OSHA 3115** Fall Protection
- **OSHA 7405** Fall Hazard Awareness for the Construction Industry
- **OSHA 3015** Excavation, Trenching and Soil Mechanics
- **OSHA 7410** Managing Excavation Hazards
- **OSHA 7845** Recordkeeping Rule Seminar

### General Industry Track

#### Required (Complete 3):

- **OSHA 511** Occupational Safety and Health Standards for General Industry
- **OSHA 7500** Introduction to Safety and Health Management
- **OSHA 7505** Introduction to Incident (Accident) Investigation

#### Electives (Complete 4):

- **OSHA 2264** Permit-Required Confined Space Entry
- **OSHA 7300** OSHA's Permit-Required Confined Space Standard
- **OSHA 3095** Electrical Standards
- **OSHA 7000** OSHA Training Guidelines for Safe Patient Handling
- **OSHA 7005** Public Warehousing and Storage
- **OSHA 7100** Introduction to Machinery and Machine Safeguarding
- **OSHA 7105** Evacuation and Emergency Preparedness
- **OSHA 7115** Lockout/Tagout
- **OSHA 7200** Bloodborne Pathogen Exposure Control for Healthcare Facilities
- **OSHA 7205** Health Hazard Awareness
- **OSHA 7210** Pandemic Influenza Workplace Preparedness
- **OSHA 7845** Recordkeeping Rule Seminar

Visit [csudh.edu/osha](https://csudh.edu/osha) for additional details.

# Occupational Safety and Health Manager Certificate

## The Program

The Occupational Safety and Health Manager Certificate program (OSHM) provides a defined path for individuals who are responsible for the overall safety of a company or institution, and who are responsible for the administrative and legal aspect of safety. This program allows the student to gain the knowledge and skills needed to supervise other safety professionals, manage risk, and manage potential OSHA cases. Typically these individuals are Directors, Managers, Supervisors and Human Resources representatives.



## Certificate Requirements

To earn the OSHM certificate, the individual will have to successfully complete eight (8) required courses and three (3) elective courses. All of the required courses must be completed through the CSUDH OTI Education Center. All courses must be completed within a 5 year period. Courses taken through other official OSHA Training Institute Education Centers can be used to fulfill up to four (4) courses required for the certificate of completion.

## Required Courses

### Required (Complete 8):

- Introduction to Risk Management
- Effective Leadership Skills
- Effective Communication Skills
- Managing a Multi-Cultural Workforce
- Developing an Effective IIPP
- **OSHA 7505** Introduction to Incident (Accident) Investigation
- Cal/OSHA Legal Process
- Safety Audits And Inspections

### Electives (Complete 3):

- **OSHA 5109** OSHA Standards for the Construction Industry
- **OSHA 5119** OSHA Standards for General Industry
- **OSHA 521** OSHA Guide to Industrial Hygiene
- **OSHA 510** OSHA Standards for the Construction Industry
- **OSHA 511** OSHA Standards for General Industry
- **OSHA 5410** Occupational Safety and Health Standards for the Maritime
- High Impact Training & Presentation Techniques

Total training days: **25**  
Total contact hours: **188**

Complete this Certificate Program in as little as **6 months!**

Visit [csudh.edu/osha/certificate-programs](https://csudh.edu/osha/certificate-programs) for certificate requirements.

# Hospitality Health and Safety Manager Certificate

## The Program

This program consists of thirteen courses offered for CEU credit and is focused on the duties and responsibilities of a safety manager in the hospitality industry. Participants will be prepared with a solid foundation to manage and facilitate OSHA regulations and meet performance expectations of employers. Course content provides an overview of safety regulations governing the hospitality industry as well as record keeping requirements and accident investigations. Program emphasizes recognition of workplace hazards and the ability to conduct risk assessments related to workplace violence, soft tissue injuries and bloodborne pathogens. Participants who complete the certificate program will be able to perform typical functions of a hospitality safety and health manager or risk assessment manager.

## Certificate Requirements

To earn the certificate participants will complete ten (10) required courses and three (3) elective courses. All courses must be completed within five (5) years. Courses taken through other official OSHA Training Institute Education Centers can be used to fulfill up to four (4) courses required for the Hospitality Safety and Health Manager certificate of completion.



## Required Courses

### Required (Complete 10):

- Developing an Effective Hotel Safety Program
- Developing an Effective Restaurant Safety Program
- Introduction to Risk Management
- Effective Leadership Skills
- Effective Communication Skills
- Managing a Multi-Cultural Workforce
- Developing an Effective IIPP
- Developing a Musculoskeletal Injury Prevention Program
- **OSHA 7505** Introduction to Incident (Accident) Investigation
- Cal/OSHA Legal Process

### Electives (Complete 3):

- **OSHA 2255** Principles of Ergonomics
- **OSHA 5119** OSHA Standards for General Industry
- **OSHA 521** OSHA Guide to Industrial Hygiene
- **OSHA 511** OSHA Standards for General Industry
- Safety Audits and Inspections
- Workplace Violence Prevention
- **OSHA 7200** Bloodborne Pathogens Exposure Control

Total training days: **24**  
Total contact hours: **202**

Complete this Certificate Program in as little as **6 months!**

Visit [csudh.edu/osha/certificate-programs](https://csudh.edu/osha/certificate-programs) for certificate requirements

# Apply Courses to Multiple Certificates!

The grid below shows required courses for each certificate, most elective courses, and which courses overlap multiple certificates.

OSHA <sup>®</sup> Training Institute Education Centers <sup>®</sup> <b>CSUDH</b>	ASH ADVANCED SAFETY & HEALTH		HST HEALTHCARE SAFETY TECHNICIAN	RST REFINERY SAFETY TECHNICIAN	CSHO CERTIFIED SAFETY & HEALTH OFFICIAL		OSHM OCCUPATIONAL SAFETY & HEALTH MANAGER	HHSM HOSPITALITY HEALTH & SAFETY MANAGER	Safety & Health Fundamentals	
	CONSTRUCTION	GENERAL INDUSTRY			CONSTRUCTION	GENERAL INDUSTRY			CONSTRUCTION	GENERAL INDUSTRY
	Advanced Safety & Health ● (4) ○ (3)	Advanced Safety & Health ● (4) ○ (3)	Healthcare Safety Technician ● (7)*	Refinery Safety Technician ● (6)* ○ (2)	Certified Safety & Health Official ● (6) ○ (2)	Certified Safety & Health Official ● (6) ○ (2)	Occupational Safety & Health Manager ● (8)* ○ (3)	Hospitality Health & Safety Manager ● (10)* ○ (3)	Safety & Health Fundamentals ● (3) ○ (4)	Safety & Health Fundamentals ● (3) ○ (4)
OSHA 500	○	○			●					
OSHA 501	○	○					●			
OSHA 510	●	●		●	●	●	○		●	
OSHA 511	○	●	●	●	●	●	○	○		●
OSHA 521	●	●		●	●	●	○	○	○	●
OSHA 2015	○	○		○	○	○				
OSHA 2045	○	○				●				
OSHA 2055	○	○			○					
OSHA 2225	○	●		○	○	○			○	○
OSHA 2255	○	○		○	○	○		○	○	○
OSHA 2264	○	●		●	○	●			○	
OSHA 3015	○	○		○	●				○	
OSHA 3095	●			○	●	●			○	○
OSHA 3115	●			○	●	○			○	
OSHA 5109	○	○			○		○			
OSHA 5119	○	○				○	○	○		
OSHA 7500									●	●
OSHA 7505	○	○		●			●	●	●	●
OSHA 5400	○	○								
OSHA 5410	○	○				○	○			
OSHA 5600	○	○								
OSHA 7105									○	○
OSHA 7200								○		○
OSHA 7210			●							○
OSHA 7845									○	○
OSX 913 (all)							●	●		
OSX 915	○	○					●			
OSX 914	○	○					●	●		
OSX 932							○			
OSX 973							●	●		

\*Additional Courses not listed. Visit [csudh.edu/osha/certificate-programs](https://csudh.edu/osha/certificate-programs) for a full list of courses.

# OSHA Courses

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<b>Course No.</b>	<b>Course Title</b>
OSX 950	OSHA 500: Trainer Course in OSHA Standards for the Construction Industry
OSX 951	OSHA 501: Trainer Course in OSHA Standards for General Industry
OSX 952	OSHA 502: Update for Construction Industry Outreach Trainers
OSX 953	OSHA 503: Update for General Industry Outreach Trainers
OSX 910	OSHA 510: OSHA Standards for the Construction Industry
OSX 911	OSHA 511: OSHA Standards for General Industry
OSX 921	OSHA 521: OSHA Guide to Industrial Hygiene
OSX 955	OSHA 2015: Hazardous Materials
OSX 956	OSHA 2045: Machinery and Machine Guarding Standards
OSX 948	OSHA 2055: Cranes in Construction
OSX 957	OSHA 2225: Respiratory Protection
OSX 958	OSHA 2255: Principles of Ergonomics
OSX 959	OSHA 2264: Permit-Required Confined Space Entry
OSX 960	OSHA 3015: Excavation, Trenching and Soil Mechanics
OSX 946	OSHA 3085: Principles of Scaffolding
OSX 961	OSHA 3095: Electrical Standards
OSX 905	OSHA 3115: Fall Protection
OSX 929	OSHA 5029: Cal/OSHA Update for Construction Industry Outreach Trainers
OSX 919	OSHA 5039: Cal/OSHA Update for General Industry Outreach Trainers
OSX 939	OSHA 5109: Cal/OSHA Standards for the Construction Industry
OSX 940	OSHA 5119: Cal/OSHA Standards for General Industry
OSX 965	OSHA 5400: Trainer Course in Occupation Safety and Health Standards for the Maritime Industry
OSX 918	OSHA 5410: Occupation Safety and Health Standards for the Maritime Industry
OSX 963	OSHA 5600: Disaster Site Worker Trainer Course
OSX 964	OSHA 6005: Collateral Duty for Other Federal Agencies
OSX 969	OSHA 7400: Noise Hazards in the Construction Industry
OSX 971	OSHA 7505: Introduction to Incident/Accident Investigation

## Recertification Points

Courses taken through the OTIEC CSUDH can be used to fulfill recertification requirements for the **Board of Certified Safety Professionals (BCSP)** and the **American Board of Industrial Hygiene (ABIH)**. For additional information, please visit [bcsp.org/certifications/recertification](https://bcsp.org/certifications/recertification) or [abih.org/about-abih/certification-maintenance](https://abih.org/about-abih/certification-maintenance)



## Specialty Courses

<b>Course No.</b>	<b>Course Title</b>
OSX 971b	Advanced Incident/Accident Investigation
OSX 967	Electrical Safety Standards - NFPA 70E
OSX 914	Cal/OSHA Legal Process
OSX 941	EM 385-1-1 - Construction Safety Hazard Awareness Course for Contractors
OSX 998	OSHA 30-Hour Construction Industry
OSX 916b	OSHA 30-Hour Construction Industry (Cal/OSHA)
OSX 902	OSHA 30-Hour General Industry
OSX 916a	OSHA 30-Hour General Industry (Cal/OSHA)
OSX 920t	Emergency Management in the Healthcare Environment
OSX 920w	Hazardous Materials within the Healthcare Environment
OSX 920v	Fire & Safety in the Healthcare Environment
OSX 973	Introduction to Risk Management
OSX 974c	Refinery Hazard Control and Safe Work Practices
OSX 974a	Refinery HES Overview
OSX 907	Basic Life Support
OSX 995	Quarterly Update
OSX 974b	Managing Safety Performance In Refineries
OSX 915	Safety Audits and Inspections
OSX 913a	Effective Communication Skills for Safety and Health Professionals
OSX 913b	Effective Leadership Skills for Safety and Health Professionals
OSX 913c	Managing Safety and Health With in a Multicultural Workforce
OSX 913d	Developing an Effective Injury and Illness Prevention Program (IIPP)
OSX 995	Developing an Effective Hotel Housekeeping Musculoskeletal Injury Prevention Program (MIPP)
OSX 995	Developing an Effective Hotel Safety Program
OSX 995	Developing an Effective Restaurant Safety Program
OSX 913e	Developing an Effective Fleet Safety Program
OSX 932	High Impact Training & Presentation Techniques

# OSHA Courses

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## Hazardous Waste Courses

<b>Course No.</b>	<b>Course Title</b>
OSX 993	40-Hour HAZWOPER
OSX 994	Trainer Course - HAZWOPER
OSX 995	First Responder Awareness (FRA)
OSX 995	First Responder Operation (FRO)
OSX 995	Hazardous Materials Technician
OSX 995	8-Hour HAZWOPER Refresher

## Trainer Courses

<b>Course No.</b>	<b>Course Title</b>
OSX 949b	Trainer Course: Fall Protection
OSX 949c	Trainer Course: Confined Space
OSX 949d	Trainer Course: MEWPs (Aerial Lift)
OSX 949	Trainer Course: Forklift Safety
OSX 995	Trainer Course: Rigging Safety
OSX 994	Trainer Course: HAZWOPER

## Awareness Level Courses

<b>Course No.</b>	<b>Course Title</b>
OSX 986	OSHA 7005: Introduction to Public Warehousing
OSX 920c	OSHA 7100: Introduction to Machinery and Machine Safeguarding
OSX 920a	OSHA 7105: Evacuation and Emergency Planning
OSX 920k	OSHA 7115: Lockout/Tagout
OSX 985	OSHA 7200: Bloodborne Pathogens Exposure Control for Healthcare Facilities
OSX 920j	OSHA 7205: Health Hazard Awareness
OSX 920e	OSHA 7210: Pandemic Influenza Preparedness
OSX 920g	OSHA 7405: Fall Hazard Awareness for the Construction Industry
OSX 920i	OSHA 7500: Introduction to Safety and Health Management
OSX 920l	OSHA 7510: Introduction to OSHA for Small Business
OSX 968	OSHA 7845: Recordkeeping Rule Seminar

# Occupational Safety and Health Resources

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CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS



## Cal/OSHA

[www.dir.ca.gov/dosh/dosh1](http://www.dir.ca.gov/dosh/dosh1)

(800) 963-9424

## Cal/OSHA High Hazard Unit

[www.dir.ca.gov/dosh/high-hazard-unit](http://www.dir.ca.gov/dosh/high-hazard-unit)

(714) 558-4415

## Cal/OSHA Training Requirements

[www.dir.ca.gov/dosh/dosh\\_publications/trainingreq](http://www.dir.ca.gov/dosh/dosh_publications/trainingreq)

(800) 963-9424

## OSHA Website

[www.osha.gov](http://www.osha.gov) • (800) 321-6742

## OSHA Outreach Training Program

[www.osha.gov/dte/outreach](http://www.osha.gov/dte/outreach)

(800) 321-6742

## Reporting an Accident or Catastrophe to Cal/OSHA

[www.dir.ca.gov/dosh/report-accident-or-injury](http://www.dir.ca.gov/dosh/report-accident-or-injury)

(800) 321-6742

## Center for Disease Control and Prevention (CDC)

[www.cdc.gov](http://www.cdc.gov) • (800) 232-4636

## Appeal a Cal/OSHA Enforcement Action

[www.dir.ca.gov/oshab/oshabappealpro](http://www.dir.ca.gov/oshab/oshabappealpro)

(877) 252-1987

## American National Standards Institute (ANSI)

[www.ansi.org](http://www.ansi.org) • (202) 293-8020

[csudh.edu/osha](http://csudh.edu/osha) • [osha@csudh.edu](mailto:osha@csudh.edu) • (310) 243-2425





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Register online at [csudh.edu/osha](https://csudh.edu/osha)



**Important Compliance Information for:**

- Managers and Supervisors
- HR Professionals and Training Managers
- Business Owners
- Environmental, Health and Safety Professionals

