CHELSEA ASMAN

EDUCATION

MFA Dance, Claire Trevor School of the Arts, University of California, Irvine Thesis "Dance Specific Integrative Methods to Incorporate Supplemental Training into a Technique Class," Irvine, CA

2018

BFA in Dance Performance, Chapman University, Orange, CA

2006

TEACHING EXPERIENCE

Glendale Community College Spring

2019 - Present

Jazz Technique I Dance 120

- Responsible for creating a syllabus for the course, designing classes, and administering quizzes, midterm and final exams
- The course is a physical activity dance technique course that provides students with practical experience in jazz dance through learning basic jazz dance terms and skills
- Students are introduced to jazz dance history and various styles of jazz dance
- Students are introduced to various styles of jazz music through use of traditional and subgenres of jazz music such as big band, acid jazz, and jazz funk

Jazz Technique II Dance 121

- Responsible for creating a syllabus for the course, designing classes, and administering quizzes, midterm and final exams
- The course is a physical activity dance technique course that provides students with practical experience in jazz dance by increasing their knowledge of jazz dance skills through learning of intermediate level jazz dance movements and vocabulary
- Students are introduced to jazz dance history and various styles of jazz dance
- Students are introduced to various styles of jazz music through use of traditional and subgenres of jazz music such as big band, acid jazz, and jazz funk

Jazz Technique III Dance 137

• Responsible for creating a syllabus for the course, designing classes, and administering quizzes, midterm and final exams

- The course is a physical activity dance technique course that provides students with practical experience in jazz dance by increasing their knowledge of jazz dance skills through learning of advanced level jazz dance movements and vocabulary
- Students are introduced to jazz dance history and various styles of jazz dance
- Students are introduced to various styles of jazz music through use of traditional and subgenres of jazz music such as big band, acid jazz, and jazz funk

Beginning Yoga Dance 190

- Responsible for creating a syllabus for the course, designing classes, and administering quizzes, midterm and final exams
- This is course is a physical activity course that focuses on teaching basic yoga poses and flows such as Sun Salutation A and Sun Salutation B
- Students participate in three self assessments throughout the semester and are required to write a reflection paper based on their findings

California State University Dominguez Hills, Carson, CA

2018 - Present

Yoga KIN171-01 and KIN171-02

- Responsible for creating a syllabus for the course, designing classes, and administering midterm and final exams
- The course is a physical activity course designed for the beginning level yoga student involving three self-assessments and reflection papers
- Students participate in three self assessments throughout the semester and are required to write a reflection paper based on their findings

The Gabriella Foundation, Los Angeles, CA

2014 - Present

SummerDance

- Taught modern to children ages 6-11 years old
- Responsible for choreographing a short dance for end of camp performance

Camino Nuevo Charter Academy, Burlington, Kayne Siart, and Castellanos Locations

- Taught hip-hop, jazz, modern, ballet and creative movement to K-5th grade students
- Prepared dances for final performances for each class

Gabriella Charter School

• Taught choreography, ballet, and modern to students K - 8th grades

- Choreography classes integrated concepts students were learning in classroom
- Created two to three units per trimester
- Created a dance for each class for the end of the year performance
- Students received final grades per trimester
- Created trimester and lesson plans
- Met with parents regarding behavior problems
- Gave out progress reports on grades each trimester
- Attended Faculty meetings

Everybody Dance!

- Director of Mentor Match, a program that seeks to partner high school students in our program with artists and wellness practitioners to help them gain insight into professional opportunities within the greater Los Angeles area
- Choreographed and taught dances for student assessments and helped decide placement
- Taught three levels of modern dance to students ages 8 to 18
 - Classes focused on Modern Dance technique, but included basic ballet skills as Needed
 - Classes included a full technical warm-up of plies, tendus, etc. based on level as well as conditioning, stretching, across the floor skills and phrases, center combinations, improvisation, and creation
 - Created and implemented a Modern Dance Curriculum for all 3 levels
- Taught a composition class titled Dance Lab to high school students
 - Responsible for creating and implementing a curriculum
 - Coached students in creating their own works of choreography
- Attended staff meetings
- Created choreography for end of the year performance
- Gave out handouts and information as required by director
- Evaluated students of each class in October and turned in a pre test score for each student
- Evaluated students of each class in March and turned in a post test score for each student
- Chaperoned students on field trips to see outside performances of professional companies

University of California, Irvine, Teaching Artist, Irvine, CA 2018

UCI Summer Academies

- Taught jazz to high school students
- Responsible for designing technically rigorous classes as well as choreographing a piece for the concluding showcase

University of California, Irvine, Teaching Associate, Irvine, CA 2016 - 2018

Jazz II for non-majors Fall and Winter of 2017

- Responsible for designing syllabus, preparing classes, keeping attendance, assigning and collecting coursework, and giving midterm and final exams
- Taught jazz dance to traditional and sub-genres of jazz music such as big band, acid jazz, and jazz funk

Social Dance for non-majors Spring 2017

- Responsible for preparing classes, keeping attendance, assigning and collecting coursework, and giving midterm and final exams
- Taught line dances, salsa and cha-cha partner dances, circle and barn group dances, and square dances

Modern I for non-majors Winter 2017

- Responsible for preparing classes, keeping attendance, assigning and collecting coursework, giving midterm and final exams
- Class focused on concepts of breath, movement quality, and improvisation

Jazz I for non-majors Fall 2016

- Responsible for preparing classes, keeping attendance, assigning and collecting coursework, giving midterm and final exams
- Taught varying styles of jazz dance including: Broadway, jazz funk, and contemporary

University California, Irvine, Teaching Assistant, Irvine, CA Assistant to Donald McKayle's Etude Ensemble Fall 2017, Winter 2017, and Spring 2018

2017 - 2018

- Aided in the creation of new work
- Assisted in helping to prepare Etude Ensemble for performances
- Kept track of musical time markers for rehearsal (three times weekly)
- Video recorded rehearsals and sent them to Mr. McKayle and students for review
- Communicated with production team as needed
- Reviewed video footage for accuracy of repertory
- Learned repertory from video as needed

University California, Irvine, Teaching Assistant, Irvine, CA Scientific Concepts of Health Fall 2016, Winter 2016, and Spring 2017

2016 - 2017

- Mentored students as needed before and after classes
- Graded assignments using Canvas
- Proctored exams

Kings and Clowns' Arts Alive Summer Blast, Torrance, CA 2015

- Taught hip-hop and production dance to children ages 6 to 12
- Prepared a hip-hop dance for recital
- Choreographed twelve dances for a production of "Mary Poppins", which included thirty Children
- Coordinated with music and drama teachers to create the "Mary Poppins" production

Loyola Marymount University, Los Angeles, CA Modern Dance I Fall 2014 and Spring 2015

2014 - 2015

- Created and implemented a syllabus for Modern Dance I
- Classes consisted of technical modern dance warm-up including plies and tendus, stretching and conditioning, across the floor skills and phrases, center combinations, improvisation, and creation
- Students were assessed in both physical and written exams
- Students were required to write a dance concert critique as well as work in groups to create movement representing a machine of their choice
- Turned in midterm grades and final semester grades

MASTER CLASSES

Glendale Community College, Glendale, CA

2020

 Taught jazz dance to high school students for the college's annual Future of Dance Festival

Nevada Joint Union High School, Grass Valley, CA

2013 - 2016

- Taught contemporary modern dance to 9th-12th grades; 6 beginning, 2 intermediate, and 2 advanced classes
- Taught conditioning for athletic dance and floor work

Backstage Dance Studio, Bellevue, WA

2011

- Taught two workshops to students ages 9-16
- Classes involved techniques for ascending and descending into the floor

Oakwood High School, North Hollywood, CA

2010

 Taught techniques used by Method Contemporary Dance Company to get in and out of the floor without injury

Dance West, Los Alamitos, CA

2010

• Taught contemporary dance technique for 13 -18 year olds

Orange County Dance Center, Huntington Beach, CA

2009/2010

• Taught contemporary dance and falling techniques to 9th-12th grade students

Invertigo Dance Theatre, Inner City Arts, Los Angeles, CA

2009

 Teaching artist and consultant for a workshop that was given by members of Invertigo Dance Theatre

Kindorf Dancers, Cypress, CA

2009

• Taught contemporary dance to 9th-12th grade students

PROFESSIONAL EXPERIENCE

Glendale College Future of Dance Festival, Adjudicator, Glendale, CA

2020

 Judged, scored, and gave feedback for dances presented by participating high school dance programs

Contemporary Modern Dance Collective, Committee Director/Founder

Los Angeles, CA

2013 - 2016

• A collective created to support the Los Angeles dance community by providing consistent and affordable modern dance technique classes for professional dancers

Women Manifest Dance, Organizer/Stage Manager/MC, West Hollywood, CA 2015 - 2016

• A dance festival created to promote the work of female choreographers in Los Angeles

Kairos Dance Company, Performer, Los Angeles, CA

2013 - 2016

 Performed pieces and evening length contemporary works created by the artistic director Hazel Clarke Method Contemporary Dance Company, Performer, Los Angeles, CA

2008 - 2014

 Performed pieces and evening length contemporary works created by artistic director Bradley Michaud

Invertigo Dance Theatre, Performer, Los Angeles, CA

2008 - 2009

 Performed in pieces, evening length contemporary works and films created by artistic director Laura Karlin

Diavolo Dance Theatre Education Company

Teaching Artist/Performer/Touring Company Understudy, Los Angeles, CA

2007 - 2011

- Performed Diavolo's thirty minute children's show, Pas_sages, in K-12 schools within LAUSD
- Aided in the recreation of Pas sages
- Attended Music Center teaching artist trainings
- Taught workshops and residencies at K-12 schools within LAUSD
- Attended all intensives produced by Diavolo Dance Theatre
- Understudied for a performance at the Hollywood Bowl

Tiffany Billings, Performer/Assistant

Orange County, Los Angeles, San Francisco, CA, PA

2006 - 2011

- Performed in pieces and evening length contemporary works created by Tiffany Billings
- Assisted in teaching at master classes, workshops, and conventions, as well as in creating choreography and producing shows
- Performed personal assistant tasks such as: emailing, making phone calls, booking flights, etc.

Kurogo Productions, Performer, Costa Mesa, CA

2007

 Performed dancing and puppeteering for an evening length children's show created by artistic director Richard Gray

SqueezeOC Magazine, Performer, Orange County, CA

2006

 Performed hip-hop and contemporary style street dances choreographed by Tiffany Billings at various events in Orange County to promote SqueezeOC Magazine

CERTIFICATIONS

National Exercise and Sports Training Association, Personal Fitness Trainer

2011 - 2020

National Exercise and Sports Training Association	
Certified Spencer Pilates Instructor	2019
National Exercise and Sports Training Association, Sport Yoga Certification	2019
National Academy of Sports Medicine, Certified Personal Trainer	2010 - 2014
TRX Suspension Training	2013 - Present
Les Mills Body Pump	2013 - 2015
Nike Training Club	2013 - Present

ADDITIONAL TRAINING

Music Center Teaching Artist Workshop, Los Angeles, CA

2008

• Attended as a member of Diavolo Dance Theatre's Education Company to learn about working with K-12 and help to design Diavolo's education workshops

Diavolo Dance Theatre Summer Intensive, Los Angeles

2008

 Attended as a member of Diavolo Dance Theatre's Education Company, and worked on the Cage, Wheel, and Trajectoire set pieces

Project Bandaloop Vertical Dance Workshop, Oakland, CA

2008

• Learned work on bouldering wall and in harness work on hard and rebounding surfaces

Diavolo Dance Theatre Doors Workshop, Los Angeles, CA

2008

 Attended as a member of Diavolo Dance Theatre's Education Company and worked on the Doors set pieces

Diavolo Dance Theatre Winter Intensive, Los Angeles, CA

2007

 Attended as a member of Diavolo's Education Company, and worked on various set pieces from Diavolo's repertoire

Diavolo Dance Theatre Summer Intensive, Los Angeles, CA

2007

• Learned Diavolo's techniques of trust and teamwork, partnering skill, and worked on the Stairs set piece

 Ledges and Bones Dance Project Summer LAB, Los Angeles Learned Holly Johnston's techniques of floor work, improvisational, and choreographic techniques 	2007
Jazz Dance World Congress, Chicago • Attended classes in many styles of jazz dance and performed in an adjudicated performance with Christine Baltes' Jazz Spectrum dance company	2007
Backhaus Dance Summer Intensive, Orange, CA • Attended as an apprentice of Backhaus Dance Company	2006
Jazz Dance World Congress, Chicago, IL • Attended classes in many styles of jazz dance and performed in an adjudicated performance with Christine Baltes' Jazz Spectrum dance company	2005
CHOREOGRAPHY	
The Royal Dalton Music Hall, Nevada Union High School, Grass Valley, CA	2019
St. James Infirmary, Glendale Community College, Glendale, CA	2019
Magic To Do, Nevada Union High School, Grass Valley, CA	2019
Primed, HHII Dance Festival, Center Stage Theatre, Santa Barbara, CA	2019
Primed, University of California, Irvine, Irvine, CA	2018
Further, See Further, To See Further, University of California, Irvine, CA	2017
Summons Of Sound, University of California, Irvine, Irvine, CA	2016
Anxious Battle for Humanity, Nevada Union High School, Grass Valley, CA	2016
Gone Too Soon, Nevada Union High School, Grass Valley, CA	2016
When Sleeping Women Wake, CMDC, LA Dance Festival, Los Angeles, CA	2016

When Sleeping Women Wake, CMDC, Women Manifest Dance, West Hollywood, CA	2016
Opting Out, Dance/Back, Los Angeles, CA	2015
Mute, 9th Annual MixMatch Dance Festival, Santa Monica, CA	2015
Opting Out, LMU Dance Faculty Showing, Los Angeles, CA	2015
Mute, CMDC, LA Dance Festival, Los Angeles, CA	2015
St. James Infirmary, Spring For Dance, Nevada Joint Union High School Grass Valley, CA	2015
Muster, MAX 10, Venice Beach, CA	2014
Eventual Fruit, 8th Annual Mix Match Dance Festival, Santa Monica, CA	2014
Muster, The 8th Annual Mix Match Dance Festival, Santa Monica, CA	2014
The House That Built Me, Spring For Dance, Nevada Joint Union High School Grass Valley, CA	2014
Fly, Spring For Dance, Nevada Joint Union High School, Grass Valley, CA	2013
Measure by Heart, Transient Truths, Los Angeles, CA	2011
Underpinning, Mix Match Dance Festival, Santa Monica, CA	2011
Syruptitious, Not Quite Love Stories, Los Angeles, CA	2010
Let's Go Fly a Kite: A Children's Musical Review, Leal Elementary School, Cerritos, CA	2009
Hey There Delilah, The One Hit Wonders, Long Beach City College Dance Outreach Long Beach, CA	2009
Wizard of OZ, Leal Elementary School, Cerritos, CA	2008

Annie, Leal Elementary School, Cerritos, CA	2007
Thread of Life: Movement One, Emerging Above Ground Choreography Festival Ledges and Bones Dance Project, Los Angeles, CA	2007
PERFORMANCE EXPERIENCE	
Of Sorts, Choreography by Jay Bartley Los Angeles Dance Festival, Fringe, Diavolo, Los Angeles, CA	2019
Of Sorts, Choreography by Jay Bartley "Best Of" New Shoes, Highways, Santa Monica, CA	2019
It's About Time, Choreography by Jess Harper HHII Dance Festival, Center Stage Theatre, Santa Barbara, CA	2019
It's About Time, Choreography by Jess Harper Collaborative Collective, New Vic Theatre, Santa Barbara, CA	2018
Feeling Our Way Through, Choreography by Jay Bartley Highways Performance Space, New Shoes 19, Santa Monica, CA	2018
Embodied Ecology, Choreography by Koryn Wicks Intermedia Performance Projects from the Active Space Open Lab, Irvine, CA	2017
Embodied Ecology, Choreography by Koryn Wicks, Body of Knowledge Conference Irvine, Irvine, CA	2016
Group Therapy, Choreography by Hazel Clarke, Kairos Dance Company Mix Match Dance Festival, Santa Monica, CA	2016
Ancient Matter, Choreography by Chad Michael Hall, Multiplex Dance West Hollywood Dance Festival, West Hollywood, CA	2016
Circle, Choreography by Hazel Clarke, Kairos Dance Company, Mix Match Dance Festival Santa Monica, CA	2016

We Came By Way Of Loss, Choreography by Robin Conrad, Home Grown Los Angeles, CA	2016
It's About Time, Choreography by Jess Harper Don't Expect Much: An Evening of Dance and Living, MFA Thesis Concert, Irvine, CA	2016
Resonance, Choreography by Brittany Dugi-Turner, CMDC CMDC 3rd Anniversary Showcase, Los Angeles, CA	2016
Opting Out, Choreography by Chelsea Asman, Dance/Back, Los Angeles, CA	2015
Group Therapy, Choreography by Hazel Clarke, Kairos Dance Company, Dance/Back Los Angeles, CA	2015
Group Therapy, Choreography by Hazel Clarke, Kairos Dance Company Celebrity Choreographer's Showcase, Santa Clara, CA	2015
Embrace.Push.Build.Repeat, Choreography by Hazel Clarke, Kairos Dance Company 9th Annual MixMatch Dance Festival, Santa Monica, CA	2015
Mute, Choreography by Chelsea Asman, Brittany Dugi-Turner, Leslie Duner and Jackie Nii, CMDC, 9th Annual MixMatch Dance Festival, Santa Monica, CA	2015
Embrace.Push.Build.Repeat, Choreography by Hazel Clarke, Kairos Dance Company SYNTHESIS II, presented by FUSE Modern Dance Company, Brea, CA	2015
<i>Group Therapy</i> , Choreography by Hazel Clarke, Kairos Dance Company sjDANCEco Festival San Jose, CA	2015
Opting Out, Choreography by Chelsea Asman, LMU Faculty Showcase Los Angeles, CA	2015
Mute, Choreography by Chelsea Asman, Brittany Dugi-Turner, Leslie Duner, and Jackie Nii, CMDC, LA Dance Festival, Los Angeles, CA	2015
Calvary, Choreography by Hazel Clarke, Kairos Dance Company sjDANCEco ChoreoProject San Jose, CA	2015

Eventual Fruit, Choreography by Chelsea Asman and Jessica Harper	
8th Annual MixMatch Dance Festival, Santa Monica, CA	2014
<i>Time for Thorazine</i> , Choreography by Hazel Clarke, Kairos Dance Company 8th Annual MixMatch Dance Festival, Santa Monica, CA	2014
cedars, Choreography by Bradley Michaud, Method Contemporary Dance Company Tell Me Presented by Laurie Sefton's Clairobscur Dance Company, Santa Monica, CA	2014
A Question That Sometimes Drives Me Hazy: Am I Or Are The Others Crazy? Choreography by Hazel Clarke, Kairos Dance Company, Hermosa Beach, CA	2013
A Question That Sometimes Drives Me Hazy: Am I Or Are The Others Crazy? Choreography by Hazel Clarke, Kairos Dance Company, Ogden, UT	2013
cedars, Choreography by Bradley Michaud, Method Contemporary Dance Company LA Dance Showcases By Dance Resource Center of Los Angeles, Los Angeles, CA	2013
cedars, Choreography by Bradley Michaud, Method Contemporary Dance Company 4 Headed Dance IV Presented by Leo Garcia Curated by Keith Glassman	
Santa Monica, CA Passing, Choreography by Brittany Dugi-Turner, CMDC, MixMatch Dance Festival Santa Monica, CA	20132013
te(I)am, Choreography by Genevieve Carson, Contemporary Modern Dance Cooperative LA Dance Festival, Los Angeles, CA	2013
This Is Not An Exit, Choreography by Bradley Michaud Method Contemporary Dance Company, The A.W.A.R.D. Show!, Los, Angeles, CA	2011
Pas_Sages, Choreography by Diavolo Dance Theatre Diavolo Dance Theatre's Education Company 2011 touring season Los Angeles Unified School District through The Music Center, Los Angeles, CA 2011	
Iron, Choreography by Derrick Jones, Catch Me Bird, Los Angeles, CA	2010

Home, Choreography by Tiffany Billings, Long Beach, CA	2010
Home, Choreography by Tiffany Billings, San Diego, CA	2010
<i>Telomere</i> , Choreography by Bradley Michaud, Method Contemporary Dance Company Fracture at the Ford, Los Angeles, CA	2010
<i>Insomniacs</i> , Choreography by Tiffany Billings, Carnival Choreographer's Ball Hollywood, CA	2010
<i>Insomniacs</i> , Choreography by Tiffany Billings, MSA private showing for Simon Fuller Hollywood, CA	2010
Then See If You Still Love Us, Choreography by Bradley Michaud Method Contemporary Dance Company, Los Angeles, CA	2010
The Higher Human Needs Dance and Choice Theory Psychology Choreography by Tiffany Billings, Los Alamitos, CA	2010
Power, Choreography by Tiffany Billings, Responsibility and Choice Seminar The William Glasser Institute, Los Angeles, CA	2010
Creation, Resurrection, O, Choreography by Jeremy Hahn, Zulu Lounge Hollywood, CA Pas_Sages, Choreography by Diavolo Dance Theatre Diavolo Dance Theatre's Education Company 2010 touring season	2010
Los Angeles Unified School District through The Music Center, Los Angeles, CA	2010
Play, Rewind, Pause, Choreography by Laura Karlin and Dancers Invertigo Dance Theatre, Los Angeles, CA	2009
Reeling, Choreography by Laura Karlin and Dancers, Invertigo Dance Theatre Los Angeles, CA	2009
Unblind Faith, Choreography by Tiffany Billings Twilight Halloween Choreographer's Showcase, Lakewood, CA	2009

Apex, Choreography by Diavolo Dance Theatre, Music Center Showcase of Artists Los Angeles, CA	2009
Play House, Choreography by Bahareh Ebrahimzadeh, Presented by Alive Theatre Long Beach, CA	2009
Volenti Non Fit Injuria, Choreography by Bradley Michaud Method Contemporary Dance Company, The Gabriella Axelrad Education Foundation A Celebration of Dance, Santa Monica, CA	2009
Where the Wild Things Were, Choreography by Laura Karlin, Invertigo Dance Theatre The Wonder of Reading's Explore-a-Story: A Celebration of Books, Hollywood, CA	2009
The One Hit Wonders, Directed by Tiffany Billings Long Beach City College Dance Outreach Long Beach, CA	2009
SpringDance, Choreography by Laura Karlin, Invertigo Dance Theatre Beverly Hills and Santa Monica, CA	2009
Volenti Non Fit Injuria, Choreography by Bradley Michaud Method Contemporary Dance Company, Celebrate Dance, Glendale, CA	2009
Pas_Sages, Choreography by Diavolo Dance Theatre Diavolo Dance Theatre's Education Company 2009 touring season Los Angeles Unified School District through The Music Center, Los Angeles, CA	2009
ArtBASH, Choreography by Sarri Sanchez and Laura Karlin, Los Angeles, CA	2008
<i>Grimm's</i> , Choreography by Tiffany Billings, Carnival Choreographer's Ball Hollywood, CA	2008
Grimm's, Choreography by Tiffany Billings Long Beach City College Fall Dance Ensemble in Concert, Long Beach, CA	2008
This Is Not An Exit, Choreography by Bradley Michaud Method Contemporary Dance Company, CHIME LIVE!, Los Angeles, CA	2008

This Is Not An Exit, Choreography by Bradley Michaud, Remarkably Content Free Method Contemporary Dance Company, Los Angeles, CA	2008
<i>Grimm's</i> , Choreography by Tiffany Billings, On Cue LA Dance Inc., Monster's Ball Long Beach, CA	2008
Cage, Wheel, Trajectoire, Choreography by Jacques Heim Diavolo Dance Theatre's Summer Intensive, Los Angeles, CA	2008
Pas_Sages, Choreography by Diavolo Dance Theatre Diavolo Dance Theatre's Education Company, BIG! WORLD! FUN!, Los Angeles, CA	2008
Hurricane, Choreography by Tiffany Billings Long Beach City College Spring Dance Ensemble in Concert, Long Beach, CA	2008
Pas_Sages, Choreography by Diavolo Dance Theatre Diavolo Dance Theatre's Education Company 2008 touring season Los Angeles Unified School District through The Music Center, Los Angeles, CA	2008
The Line in the Sky, Choreography by Tiffany Billings Long Beach City College Fall Dance Ensemble in Concert, Long Beach, CA	2007
Babydoll, Choreography by Tiffany Billings, On Cue LA Dance Inc., Monster's Ball Costa Mesa, CA	2007
Stairs, Choreography by Jacques Heim Diavolo Dance Theatre's Summer Intensive Los Angeles, CA	2007
Through, Choreography by Christine Baltes Jazz Dance World Congress adjudicated performance, Chicago, IL	2007
<i>Dividing Empty</i> , Choreography by Holly Johnston, Ledges and Bones Summer LAB Los Angeles, CA	2007
Thread of Life: Movement One, Choreography by Chelsea Asman and Efren Corado Emerging Above Ground Choreographer's Festival, Los Angeles, CA	2007

Swing Shift, Choreography by Tiffany Billings, A Show for Family Support Oceanside, CA	2007
The Plastiques, Choreography by Richard Gray, Kurogo Productions Festival of the Arts, Laguna Beach, CA	2007
<i>Till Death Do Us Part</i> , Choreography by Tiffany Billings, On Cue LA Dance Inc. Monster's Ball, Costa Mesa, CA	2006
SqueezeOC Magazine, Choreography by Tiffany Billings, Orange County, CA	2006
ADDITIONAL EXPERIENCE	
Uplift Studios, Group Exercise Instructor, West Hollywood, CA	2016
24 Hour Fitness, Group Exercise Instructor, Upland and Puente Hills, CA	2012 – 2016
24 Hour Fitness, Master Trainer, Upland, Chino, Puente Hills, CA	2010 - 2014
PROFESSIONAL AWARDS	
Lester Horton Award for Outstanding Achievement in a Performance by an ensemb Method Contemporary Dance Company, <i>This Is Not an Exit</i> • Awards produced by the Dance Resource Center of Greater Los Angeles given outstanding achievement in concert dance in Southern California	2008
ACADEMIC AWARDS AND HONORS	
Golden Key International Honour Society	2017
Chapman University Provost List	2006
Chapman University Fannie Kalis Award	2006
Chapman University Outstanding Performance in Dance	2006
Gala Performance, American College Dance Festival, Sacramento, CA	2006

American College Dance Festival (Selected to attend), Long Beach, CA	2005
Gala Performance, American College Dance Festival, Salt Lake City, UT	2004
GRANTS Research and Travel Grant awarded by University of California, Irvine	2017
PROFESSIONAL ASSOCIATIONS	
The Congress on Research in Dance/ Society of Dance History Scholars, Member	2016 - Present
National Dance Education Organization/ California Dance Education Association, Member	2016 - Present
Screen Actors Guild - American Federation of Television and Radio Artists (SAG-AFTRA), Member	1997 - Present
ACADEMIC ACTIVITIES	
Chapman Dance Alliance (CDA), President • A student run organization that offers additional performance and choreo opportunities to both dance majors and non-majors at Chapman University	

Chapman Dance Alliance (CDA), Member

2002 - 2006