

## Kinesiology: pre-Physical Therapy option

### ADVISOR INFORMATION:

- **April Thomas, M.Ed. - aprilthomas@csudh.edu**

April is a full-time staff member who advises on General Education requirements as well as requirements for the major. Student appointment link: <https://csudh.campus.eab.com/pal/GbPvUdToBM>

- **Dr. Scott Cheatham - scheatham@csudh.edu**

Dr. Cheatham is a faculty member who advises on major requirements for the pre-Physical Therapy option. Meeting with a faculty advisor every semester is recommended. Student appointment link: <https://calendly.com/drswecheatham>

- **Dr. Carolyn Oudiz - coudiz@csudh.edu**

Dr. Oudiz is a faculty member who advises on major requirements for the pre-Physical Therapy option. Meeting with a faculty advisor every semester is recommended. She can be contacted at the email address above.

### GENERAL ADVISING INFORMATION:

There are four types of courses you need to take to graduate:

1. General Education (G.E.) courses
2. Statutory requirements (HIS 101 and POL 101)
3. Graduation Writing Assessment Requirement
4. Major courses

Students must earn 120 units to graduate, including but not limited to all of the courses in the categories above.

These 120 units must include:

- At least 30 units at CSUDH
- At least 40 upper-division units
- At least 24 upper-division units at CSUDH

### General Education (G.E.) notes:

- View your G.E. requirements in your Academic Catalog on the university website <https://www.csudh.edu/university-catalog/> or on your Academic Requirements page (see drop-down menu on left side of your my.csudh Student Center).
- Nine (9) G.E. units must be earned at CSUDH. These are usually the three upper-division required G.E. courses.
- **Don't register for your lower-division science G.E. courses.** You will take science courses for the major that will double count for these requirements. They will be automatically applied to these requirements during the semester you are taking those courses. Email April if you have any questions.

*(requirements for the major on next page)*

**Kinesiology major, pre-Physical Therapy option requirements:**

NOTE:  
 -- Grades of "C" or higher must be earned in all courses for the major. Classes in which grades of "C-" or below are earned must be retaken. Type "Repeat and Cancel" in the search bar of the university website for information on the "Repeat and Cancel" policy.  
 -- The pre-reqs for courses listed on this sheet may differ from those listed online. It takes time to update the pre-reqs online, and this sheet is the most accurate list.

**Lower-Division Required Courses for all KIN majors:**

Course	Title	Units	Notes
BIO 250	Human Anatomy & Physiology	3	Pre-req: BIO 102, BIO 120, or equivalent. BIO 250 & 251 must be taken together.
BIO 251	Human Anatomy & Physiology Lab	1	<b>KIN 290 Human Anatomy &amp; Physiology I (4 units) can be taken to clear BIO 250/251.</b>
KIN 223	Introduction to Physical Education	3	

**Upper-Division Required Courses for all KIN majors:**

Course	Title	Units	Notes
KIN 301	Kinesiology	3	Pre-req: BIO 250/251 or KIN 290
KIN 303	Exercise Physiology	4	Pre-req: BIO 250/251 or KIN 290
KIN 330	Somatic Education	3	If taken Fall '23 or later, it can also clear the GWAR. <b>Email department assistant Yanet Suarez ysuares@csudh.edu for a permission number to add this class. Include your ID number and class section number in the request.</b>
KIN 360	Prevention & Treatment of Athletic Injuries	3	Pre-req: BIO 250/251 or KIN 290

**Lower-Division Requirements for the pre-Physical Therapy option:**

Course	Title	Units	Notes
BIO 120	Principles of Biology I	3	Pre-req: CHE 108 or General Chemistry Placement Exam Check
BIO 121	Principles of Biology Lab I	1	- Co-req: BIO 120 - Note: BIO 120 & 121 fulfill the Life Science and Science Lab GE requirements. After enrolling in these courses, email April to have her apply it toward this GE requirement.
CHE 110	General Chemistry I	5	- Pre-req: CHE 108 or General Chemistry Placement Exam Check - CHE 110 fulfills the Physical Science and Science Lab GE requirements. Work with April Thomas to have it applied toward these requirements.
HEA 281	Medical Terminology: Radiology	1	<i>This course is no longer offered and will be waived.</i>
PHY 120	Elements of Physics I	4	Pre-req: High school or college algebra

**Upper-Division Requirements for the pre-Physical Therapy option:**

Course	Title	Units	Notes
KIN 300	Tests and Measurements in PE	3	
KIN 305	Motor Learning	3	
KIN 310	Nutrition for Peak Performance	3	
KIN 362	Principles of Athletic Training	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 363	Principles of Athletic Training Lab	1	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 461	Therapeutic Modalities	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 462	Therapeutic Exercise	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 463	Lower Extremity Assessment	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 464	Upper Extremity Assessment	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 496	Internship	3	Note: This class must be taken in final semester. This class has turned into a business preparation course which includes, but not limited to, graduate school information/application process, resume writing, interviewing, and the development of the student's own healthcare entity. They learn about business 101 practices and establishing a corporation, etc. <b>Students are no longer required to complete an INTERNSHIP.</b>