

Reasonable Accommodations:

Adequate break time for breastfeeding or lactating employees should accommodate the time to walk to and from the lactation station as well as retrieve, set up, wash, and clean a pump or other breastfeeding supplies, as well as expressing or storing milk, consistent with California State University Technical Letter HR/Salary 2011-05. Requests should be made to managers for adequate break time.

While students should breastfeed or pump between classes if possible, reasonable academic accommodations will be provided to ensure that students do not incur an academic penalty due to expressing milk or breastfeeding. Requests for reasonable academic accommodations can be made to faculty members.



CSUDH Resources

Title IX Officer:

Assists with assessing flexible lactation spaces for appropriateness and handles inquiries and complaints about discrimination, harassment, and retaliation on the basis of gender, including pregnancy and lactation.

www.csudh.edu/gei | eschrock@csudh.edu
(310) 243-3492

Student disAbility Resource Center:

Assists students with accommodations related to disabilities.

www.csudh.edu/sdrc | dss@csudh.edu
(310) 243-3660

ADA Manager, Human Resources Management:

Assists with accommodations for CSUDH employees with disabilities.

www.csudh.edu/access | (310) 243-3771

Additional Resources

California WIC (Women, Infants & Children):

Program for women, infants, and children that provides vouchers for food, nutrition education and counseling, breastfeeding education and support, and referrals.

www.phfewic.org | comments@phfewic.org
(888) 942-2229

Breastfeed LA:

Dedicated to improving the health and well-being of infants and families through education, outreach, and advocacy to promote and support breastfeeding.

breastfeedla.org | info@breastfeedla.org
(323) 210-8505

U.S. Office on Women's Health

Information about breastfeeding, lactation, and pregnancy.

www.womenshealth.gov/breastfeeding
(800) 994-9662

Information for Lactating & Breastfeeding Parents at CSUDH



IX

CSUDH
CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS

Information for Lactating & Breastfeeding Parents at CSUDH

CSUDH is committed to supporting faculty, staff, and students who need to either breastfeed or express milk for their child on campus during hours of operation, by providing lactation stations in close proximity to their classroom or workspace, adequate break time for employees to breastfeed or express milk, and information to students & employees regarding their rights and the locations of lation stations.



Locations of Lactation Stations:

Lactation Stations are private spaces on campus that can be used by breastfeeding or lactating students and employees. CSUDH has designated three Lactation Stations on campus (listed on the right). They are private, lockable, sanitary, not in a bathroom, equipped with a chair and table, and supplied with a telephone and electrical outlet.

If the designated Lactation Stations will not work for you, you may work with the Title IX Officer or Human Resources to find another location on campus that meets the minimum requirements and is a reasonable flexible Lactation Station.

Designated Lactation Stations at CSUDH

University Library, 3rd Floor

- Open until 11:00 p.m.
- Gender-inclusive
- Wheelchair accessible
- Appointments preferred

Nursing Skills Lab, Social & Behavioral Sciences, A-110

- Gender-inclusive
- Please inquire at the front desk about availability

Nursing Department, Welch Hall, Room C-300

- Gender-inclusive
- Please inquire about availability



Lactation Room
University Library, 3rd Floor



Lactation Room, Nursing Skills Lab
Social & Behavioral Sciences A-100