

## CSUDH Resources

**DATING VIOLENCE** is abuse committed against someone by a person who is or has been in a social or dating relationship of a romantic or intimate nature with the victim, which can include someone the victim just met.

**DOMESTIC VIOLENCE** is abuse committed against someone who is a current or former spouse, cohabitant, someone with whom the abuser has a child, someone who the abuser was engaged to or someone similarly situated under domestic or family law.

**STALKING** is engaging in a repeated course of conduct (two or more actions) directed at a specific person that would cause a reasonable person under similar circumstances and with the same protected statuses to fear for their safety or others' safety, or to suffer substantial emotional distress.

**ABUSE** is intentionally or recklessly causing/attempting to cause bodily injury or making someone fear that you would cause imminent bodily injury towards themselves or another person.

The Center for Advocacy, Prevention & Empowerment or CAPE (confidential) provides information, support, accompaniment, and advocacy, including assistance with no-contact orders, restraining orders, and making a report to the University or the Police.  
[csudh.edu/CAPE](http://csudh.edu/CAPE) | (310) 243-2567

The Title IX Office (not confidential) investigates reports of sexual assault, sexual harassment, dating/domestic violence, and stalking, ensuring that the harassment is stopped and prevented from reoccurring.  
[csudh.edu/gei/make-report](http://csudh.edu/gei/make-report) | (310) 243-1025

Student Health & Psychological Services (confidential) provides a variety of health care and psychological services, including counseling and groups.  
Student Health: (310) 243-3629  
Psychological Services: (310) 243-3818

University Police Department (not confidential)  
Emergency: 911 or (310) 243-3333  
Non-Emergency: (310) 243-3639

The Safety Escort Program provides safety escorts between campus buildings, student housing and parking lots. 24/7 support is available: (310) 243-3639

The Basic Needs Coordinator provides assistance with basic needs, such as food and shelter: (310) 243-3349 lots. 24/7 support is available: (310) 243-3639

## Off Campus Resources

Rainbow Services (confidential) is a local agency serving domestic violence survivors and their families. They have two shelters and provide counseling, case management, and advocacy.  
Local 24 hour hotline: (310) 547-9343  
Office line: (310) 548-5450

YWCA Greater Los Angeles (confidential) provides crisis intervention, accompaniments, advocacy, as well as individual and group counseling. YWCA also coordinates SART forensic medical exams and can help with getting you medical attention.  
Local 24 hour hotline: (877) 943-5778

National Domestic Violence Hotline: (800) 799-7233

# Domestic Violence Dating Violence Stalking Resources & Options



**YOU ARE NOT ALONE.  
WE ARE HERE TO HELP.**

# Who Can I Talk To?

It is hard to know what to do, how to feel, or what your options are if you're experiencing violence within a relationship or being stalked. Please remember that we are here to help you. You can contact the [Center for Advocacy, Prevention and Empowerment \(CAPE\)](#) or [Student Psychological Services](#) for confidential support.

To report dating/domestic violence or stalking to the University, you can contact the [Title IX Office](#). To make a criminal complaint, you can call the [University Police](#) 24 hours a day, 7 days a week. Both can assist you with filing a restraining or no-contact order.

[Rainbow Services](#) provides 24-hour crisis response, legal advocacy, and shelter options if you have experienced dating or domestic violence and will keep your information completely confidential. The [YWCA Greater LA](#) can arrange for a free medical exam or to have evidence collected by a Sexual Assault Response Team (SART) Forensic Nurse at the closest hospital. Contact information for all resources are on the back of this brochure.

Students, faculty, and staff can submit inquiries or complaints to the [Office for Civil Rights \(OCR\)](#): (415) 486-5555, TDD (877) 521-2172 or email at [SanFrancisco@ed.gov](mailto:SanFrancisco@ed.gov).

Center for Advocacy,  
Prevention & Empowerment:  
[csudh.edu/CAPE](http://csudh.edu/CAPE)

# What Should I Do?

**1. Go to a Safe Place.** Your safety is our TOP priority. If you do not feel safe, call the University Police immediately at (310) 243-3333 or 911. Contact the Center for Advocacy, Prevention and Empowerment (CAPE) at (310) 243-2567 for confidential Advocacy and assistance getting a restraining order from the Police or a No-Contact Order from the Title IX Office.

**2. Get Medical Attention and Preserve Evidence.** You can preserve evidence by keeping any clothes worn, sheets, or other evidence in a paper bag. Keeping track of each incidents (date, time, location, and any evidence of the incident, like photos) can also be used as evidence. If you experienced a sexual assault, do not shower, cleanse, douche, urinate, defecate, eat, drink, or brush teeth. Call CAPE at (310) 243-2567 during business hours or the YWCA 24 hours a day at (877) 943-5778 to arrange for a Forensic Medical Exam.

**3. Get Support and Shelter.** Call the Basic Needs Coordinator or the Rainbow Services 24-hour hotline for confidential advocacy, support, and help with shelter at (310) 547-9343. You can also contact CAPE at (310) 243-2567 or Student Psychological Services at (310) 243-3818.

**4. Create a Safety Plan.** Write down a plan to follow if you are in a future situation where you feel unsafe or need to leave quickly (write out what you would do, who you could call for help including their phone number, and a safe location).

**5. Consider Reporting.** We take all reports seriously and will investigate them promptly and thoroughly. You can make a report to the CSUDH Title IX Officer at (310) 243-1025. You are also encouraged to report to the University Police Department at (310) 243-3333.

Title IX Office:  
[csudh.edu/gei](http://csudh.edu/gei)

# What happens if I report it to the university?

**1** Report:  
The CSUDH Center for Prevention, Advocacy, and Empowerment can assist you with reporting the incident to the University:  
[csudh.edu/CAPE](http://csudh.edu/CAPE) | (310) 243-2567  
The report can also be made directly to the Title IX Office:  
[csudh.edu/gei/make-report](http://csudh.edu/gei/make-report) | (310) 243-1025  
The Office will arrange accommodations and interim safety measures.

**2** Intake:  
If you choose to pursue an investigation at CSUDH, the Title IX Office will meet with you to provide information and conduct an intake. Make an appointment by calling

**3** Investigation:  
Then, a trained Title IX Investigator will collect evidence (like photographs or texts), and interview you, the accused person, and witnesses. You may provide witnesses and evidence that may be relevant. The Investigator will complete a report within 60 working days.

**4** Hearing or Resolution:  
The next stages of the process include coming to a resolution, participating in a hearing, or a referral for discipline to the Student Conduct Office or appropriate office.

**5** Appeal:  
After a determination on findings and/or sanctions is made, you have the right to appeal the findings to the CSU Chancellor's Office.