

**MEMORANDUM**

DATE: March 19, 2020

TO: Campus Community

FROM: Thomas A. Parham, Ph.D.
President

SUBJECT: COVID-19 UPDATE: SAFER AT HOME

A handwritten signature in blue ink, appearing to read "Thomas Parham".

Dear Campus Community,

I once again extend my best wishes to everyone out there dealing with the life-altering events surrounding the COVID-19 pandemic. Circumstances surrounding this health crisis continue to change, seemingly by the hour. In order to keep you as up to date as possible, I felt it necessary to reach out this evening with updates and reminders for the campus, and news on the latest developments locally and statewide:

- Alternative instruction will begin Monday, March 23, as planned.
- Students who purchased a spring 2020 parking pass will receive a prorated refund. An email regarding this will be sent out soon.
- University support services have begun moving into alternative and virtual delivery. This will continue to be expanded over the coming weeks.
 - Services such as advising, tutoring, mental health counseling, affinity/cultural centers, student life, career center, and many others are ready to serve. Check their websites, social media pages, and your Toromail for more details.
- Tonight, Gov. Gavin Newsom issued a statewide stay at home order, minutes after Los Angeles County issued a similar directive. This news further suppresses our on-campus operations to critical personnel. As we learn more about what this means for our campus, we will provide that information.

With such rapid changes, it is easy to be overwhelmed by feelings of uncertainty and anxiety. However, I am confident that together we can come through this experience stronger and more unified than ever. The psychologist in me wishes to stress that some of the best strategies to manage those anxious feelings include: Take these advisories seriously while you plan and prepare; stay informed with the latest information; balance the more anxiety-provoking news bytes with

those that frame more positive stories of preparation and recovery. Furthermore, I continue to urge everyone to practice good hygiene and public health habits; minimize exposure and maximize social distancing, even in your own home or place of residence

This continues to be a dynamic situation. Please stay tuned for other updates. As a reminder, please visit the [CSUDH Alert page](#). The page is being updated every day with the latest information we have been given in consultation with a full-range of people who care deeply about your health and safety.

Sincerely,

Thomas A. Parham, Ph.D.
President